

ISSUE 1039 8 - 14 DECEMBER 2014

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eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

NURSERIES SAFE FROM CLOSURE

Mayor and cabinet listen to views of parents

BY IAN READ

THE council has announced that four nurseries in the borough will remain open following a public consultation on their future.

It was announced at cabinet on December 3 that the nurseries would be removed from savings proposals to be put before full council in January.

The council has been consulting with the public on

savings proposals as it tries to make up for £100m in government cuts.

One proposal was to close Queen Mary, Overland, Mary Sambrook and John Smith Day nurseries. Alternative provision

would have been available at other nurseries in the borough.

Parents enthusiastically supported the nurseries. Campaigners presented a petition to the last meeting of full council, where a supportive motion

was passed by councillors.

And at November's cabinet, the mayor asked council officers to look again at the proposed closures.

Mayor Lutfur Rahman said: "I am pleased to announce that, after giving careful consideration to the views of parents, nursery workers, trade unions and other members of the community, it is our intention to keep all four nurseries open.

"I would like to thank everybody who took part in our consultation and reaffirm my commitment that I will work with the community to best protect our borough from the impact of government cuts."

Cllr Gulam Robbani said: "We have to make decisions to meet the austerity cuts, we always knew this was a particularly difficult issue."

Continued on page 3



Mayor Lutfur Rahman and Cllr Gulam Robbani with parents and staff at the John Smith Children's Centre in Stepney

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Join the Chrispmas fun

The Chrispmas community fete takes place on Saturday, December 13, from 11am until 4pm.



A chance to buy great gifts!

Alongside the usual market stalls, Chrispmas will feature vendors selling traditional wreathes, jewellery, ethical clothing, soft furnishings and products made from local honey.

SEE BELOW

News

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East End Life is published by Tower Hamlets Council with a print run of 99,000 copies delivered to homes, organisations and businesses in the borough every week.



The official independently audited door-to-door delivery is 82,886 Audit Bureau of Circulation (ABC Regional) Dec-June 2014.

East End Life was the first weekly newspaper produced by a local authority in the UK with a net cost of .02p per copy per week to produce. Paid-for advertisements are carried to keep costs to a minimum.

Information included in the newspaper is not necessarily endorsed by Tower Hamlets Council.

 *East End Life* is printed on recycled paper – when you have finished with the newspaper, please recycle it.

Countdown to Chrispmas

BY JESSICA ODUBAYO

POPLAR residents began their big festive countdown when the Christmas lights were switched on at Chrisp Street Market.

Pupils from five primary schools – Bygrove, St Saviour's, Lansbury Lawrence, Mayflower and Marner – performed carols on stage. Characters from Disney's Frozen wowed the crowd and led a sing-a-long before The X Factor finalist Misha B joined Poplar and Limehouse MP Jim Fitzpatrick to switch on the lights.

The event, held in East India Square on Friday, November 28, marked the launch of a series of Christmas activities taking place at the market, hosted by social housing organisation Poplar Harca.

This Saturday, December 13, the Chrispmas community fete will take place from 11am-4pm.

Residents who are looking for inspiration will find stalls selling festive gifts and crafts



(Above) Lily, 6, and (below right) singers from local schools entertaining the crowd

alongside the usual traders at Chrisp Street Market. These include traditional wreathes, jewellery, ethical clothing, soft furnishings and products made from local honey.

And on Friday, December 19, Chrisp Street will host the next

Bite street food market from 11am until 7pm.

The monthly event features international food and drink stalls to suit a variety of appetites, tastes or budgets.

Visit www.chrispstreet.org.uk for further information.



(Above left) X Factor star Misha B and Jim Fitzpatrick MP switch on the lights.



(Above right) Dance crew IMD Legion

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East End Life is also available on audio tape – if you know someone who would like to receive it in this format call 7364 4309 or email mariette@soundtalking.co.uk

Printed by Trinity Mirror.

Distributed by London Letterbox Marketing, Unit 6, Crescent Court Business Centre, E16 4TG. Tel: 8940 0666

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Shakespeare shaken up
Tea dance is a cracker
Perri praises top students

eastendlife
NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

NURSERIES SAFE FROM CLOSURE
Mayor and cabinet listen to views of parents

City of London
Nokia
Ombudsman

Background doesn't matter

Seventy-eight per cent of residents agreed people from different backgrounds get on well together, and there was an increase in the proportion who felt they could influence decisions.

SEE BELOW

Information is key

"By sharing information, the most vulnerable children can be better protected."

CLLR GULAM ROBBANI

News

New IT system to aid child protection

THE council is among the first in the country to introduce a new IT system aimed at better protecting children who may be suffering from abuse or neglect.

The Child Protection – Information Sharing system (CP-IS) shares non-clinical information about those children who are subject to a child protection plan, as well as looked-after children and

pregnant women whose unborn child has a pre-birth protection plan.

Social workers will be automatically notified if a child in these categories is taken to a hospital or other unscheduled health setting, such as an out-of-hours GP or walk-in centre.

If a clinician has concerns about the child's injuries or condition, they can use the system to alert a social worker.

Tower Hamlets went live with the system last week.

Cllr Gulam Robbani, cabinet member for education and children's services, said: "By sharing information in a way that keeps people's private data safe, the most vulnerable children in Tower Hamlets can be even better protected."

Only staff involved with the care of the child will have access to the information.

It will be accessed via a secure electronic system and robust rules about who has permission to view the information are in place.

Healthcare workers will be able to see whether the child has frequently attended emergency departments or urgent care centres over a period of time, which could be an indication of neglect or abuse.

Nursery joy

Continued from page 1

Cllr Robbani added: "As part of our consultation I have visited all four nurseries and listened carefully to the views of staff, parents and users.

"It is clear to me that these centres are playing a very important role in ensuring our children get the best support and protection they need and we need to retain them."

The borough's Save Our Nurseries campaign said: "Thank you to all councillors and MPs that supported us, responding to our invitations.

"Thank you to the mayor and cabinet for hearing our voice and agreeing for all four nurseries to remain.

"Thank you to everybody who stood with us and signed our petition."



Service users from Day Opportunities in Stepney celebrated International Day of Disabled People at the Art Pavilion in Mile End Park on December 3. Organised by the Tower Project and the council, the Breaking Down Barriers party featured a mariachi band, dancing, a buffet and competitions. See next week for a full round-up of events.

Survey support for services

BY SUSAN MULLIGAN

RESULTS from Tower Hamlets annual residents' survey suggest the borough is a good place to live and council services are good.

Earlier this year, independent researchers held face-to-face interviews with more than 1,000 residents.

The consultation found that concern about crime was the lowest since the survey began 16 years ago and 79 per cent of residents were satisfied with the area as a place to live.

Concern over lack of jobs

has also seen a considerable fall (13 percentage points) over the year.

Seventy-eight per cent of residents agreed that the local area was a place where people from different backgrounds get on well together, and there was a significant increase in the proportion who felt that they could influence decisions affecting their area.

More respondents felt the council did a better job than one year ago, up six percentage points.

Seventy per cent of residents rated street lighting in the borough positively – its highest

rating since the survey began.

In addition, concern over council tax is now at a ten-year low (15 per cent) – council tax has been frozen in the borough since 2011/12.

This year, there was a slight increase in the proportion of residents who felt that the council was difficult to get through to on the phone.

The council is now looking at ways to improve the automated switchboard.

And levels of concern about anti-social behaviour have continued an upward trend since 2009-10. Additional enforcement activities and patrols in

Brick Lane are planned and the number of THEOs will be increased.

Mayor Lutfur Rahman said: "I am pleased that, despite wider public funding cuts, we are still delivering great local services for our residents and community relations remain excellent.

"But we're far from complacent – where residents have raised concerns we are taking them into account and doing all we can to resolve them."

For more details about this year's annual residents' survey, go to www.towerhamlets.gov.uk and search for annual residents' survey.

News in brief

Investigation after building site death

POLICE and the Health and Safety Executive are investigating the circumstances of an incident in which a man died after being injured on a construction site in Westferry Road.

Police were called at 9am on Wednesday, December 3.

An ambulance and London's Air Ambulance also attended the site, but the man, believed to be in his 30s, died at 9.21am.

A police spokeswoman said it was understood the man was injured after a wall collapsed.

Market Nativity

THE Nativity is set to come to life on Saturday, December 13, when members of a church congregation act out the story in Roman Road Market – complete with a real donkey.

The event, starting at 12pm, will feature a procession.

The characters will form a traditional scene outside the Idea Store, where there will be a gospel choir and free mulled wine and minced pies.

Social bike scheme

A SOCIAL enterprise, which aims to help unemployed young people or those who have been involved in crime or gang violence, has opened in Poplar.

Your Bike specialises in the re-cycling and maintenance of bikes donated by the police.

It is at 4 Vesey Path, Crisp Street.



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Henry's struggle for power

Henry IV is one of Shakespeare's most celebrated and frequently performed history plays, which tells the story of the power struggle for the throne of England.

SEE BELOW

Schools news

Grand prize is on offer

STUDENTS from Cambridge Heath Sixth Form presented business ideas to a panel of judges, as part of a programme teaching youngsters about entrepreneurship.

The eight-week programme, titled The Next Big Thing, helps students understand the business and social environment they live in and develop life skills.

The 16- to 18-year-olds were given an introduction to market research, developing a business idea, business planning, finance and communications.

The final, at Lord's Cricket Ground, saw students compete for an investment of up to £1,000 in their venture.

Visit **www.nextbigthinguk.com** for information.

The all-female Henry IV

BY JESSICA ODUBAYO

AN all-female production of Shakespeare's Henry IV is taking up a week's residency at Mulberry School for Girls.

From December 9-13, West End theatre the Donmar Warehouse is putting on the play to challenge the notion of who owns Shakespeare and inspire confidence and creativity in young women.

Henry IV is one of Shakespeare's most celebrated and frequently performed history plays, which tells the story of the power struggle for the throne of England.

The residency will encourage the community to take ownership of Shakespeare and foster

a dialogue on the importance of the nation's playwright.

Jill Tuffee, deputy head teacher of Mulberry School, said: "We couldn't be more grateful to Donmar for this opportunity."

A spokesman for the theatre said: "We believe that Shakespeare belongs to everyone, regardless of age, gender, ethnic origin or social background.

"Shakespeare's plays have the power to make you see the world differently, to inspire confidence and change lives."

Donmar Warehouse will be running free Henry IV workshops throughout the week at the school.

Public performances for Tower Hamlets residents will take place at the school, in Commer-



The Donmar Warehouse putting a new slant on Shakespeare's Henry IV

cial Road, Stepney, on Tuesday, December 9, Thursday, December 11, Friday, December 12 and Saturday, December 13. Shows start at 7pm. A performance for a women-only audience will be staged on Thursday, December 11 at 12pm and a matinee performance will be held on Saturday, December 13 at 2.30pm. Tickets are priced £10 per person. Call 7845 5820.



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On the campaign trail

George Lansbury was former MP for Bow & Bromley and led the Labour Party from 1932-1935. He spent his life campaigning for social justice, women's rights and world disarmament.

SEE BELOW

Silver screen classics

Ken Loach directed the classic films *Cathy Come Home*, *Kes*, *Land And Freedom*, and *Sweet Sixteen*.

SEE BELOW

News

The perfect place to find perfect gifts

RESIDENTS are invited to shop for one-of-a-kind gifts, standout party pieces and winter wardrobe staples from 30 emerging labels in London.

A two-day shopping event featuring DJ sets, British food and a bar is taking place at the Oval Space, an arts venue in Bethnal Green on December 13 and 14.

Sonia Williams, joint owner and curator of Fashion Sunday, said: "This Christmas, we believe it's all about buying less, and buying better. We hand-pick all our labels for the quality of their design so you can be sure you're taking home something that'll be loved. At the same time, you're supporting up-and-coming local talent, so everybody wins."

Oval Space is at 29-32 The Oval, off Hackney Road, E2.

Entry costs £3 per day, £5 for a weekend pass (available on the door) or free between 7pm-9pm on Saturday.

For details email sonia@thisisfashionsunday.com

Fine given in dental scam

A WOMAN has been prosecuted for carrying out tooth whitening dental practices, although she is not registered as a dentist.

Shannaz Ishmael was found guilty at Stratford Magistrates' Court of unlawfully practising dentistry at Allure Aesthetics, 16 Tarling Street, Shadwell, contrary to section 38 of the Dentists Act 1984. Ms Ishmael was sentenced on December 1 to a 12-month conditional discharge and ordered to pay £1,000 towards the General Dental Council's costs. Ms Ishmael was also ordered to pay a £15 victim surcharge.

A High Court decision in May 2013 confirmed tooth whitening is the practice of dentistry and should only be undertaken by registered dental professionals.

Only dentists, dental hygienists, dental therapists and clinical dental technicians can carry out tooth whitening.

Top director talks film and politics

A LIVELY discussion on film and politics took place in Poplar last month when film director Ken Loach visited the borough to deliver the annual George Lansbury memorial lecture.

George Lansbury, former MP for Bow & Bromley, led the Labour Party from 1932-1935 and spent his political life campaigning for social justice, women's rights and world disarmament.

The Lansbury Estate in Poplar is named after him. It was built as part of the 1951 Festival of Britain, as an example of 'housing for the people' after the World War II.

Loach (pictured) has enjoyed a long career directing films for television and the cinema, from *Cathy Come Home* and *Kes* in the Sixties to *Land And Freedom*, *Sweet Sixteen*, *The Wind That Shakes The Barley*, *The Spirit of*



'45 and *Jimmy's Hall* in recent years. He spoke in front of a sell-out crowd at Spotlight, the creative youth venue opened in Poplar earlier this year. He took part in a question and answer session with former chair of Arts

Council England and governor of the British Film Institute (BFI), Sir Christopher Frayling.

Ken Loach said: "George Lansbury was a giant of the Labour movement, fearless in defence of his socialist principles.

"It was interesting to speculate on how he would view the present Labour and trades union leadership. Who would he identify as his comrades, who as his enemies and who as just too useless to bother with?"

Campaigners claim a victory in funding fight

BY STAFF REPORTER

CAMPAIGNERS calling for changes to the way GP surgeries are funded are claiming a major victory, after the High Court made a ruling in favour of a Tower Hamlets patient.

Lawyers for Danny Currie, who has multiple health problems and uses a wheelchair, argued that NHS England had ignored its duty to consult patients before making changes to funding that threatened to close his GP surgery – the Jubilee Street practice in Limehouse.

The practice says it has been threatened with closure, following new funding criteria for GP surgeries introduced in April this year.

In a ruling reached without a hearing on November 25, Mr



Danny Currie argued that NHS England ignored its duty

Justice Popplewell agreed the NHS had "acted unlawfully" by failing "to make arrangements for the involvement of patients in primary care commissioning decisions as required by the National Health Service Act 2006".

At a public meeting on November 26, campaigners

from Save Our Surgeries (SOS) shared the campaign's successes with residents and discussed the recent round of cuts.

GP Coral Jones said the group is delighted with the High Court ruling.

She added: "The court confirmed that NHS England can't

make deep cuts to GP surgeries and force them to close, without consulting patients and taking their opinion into account.

"But that's exactly what NHS England did when it decided to withdraw the Minimum Practice Income Guarantee without consulting patients. This cut alone has put 22 east London surgeries at risk of closing.

"We're now waiting to hear how NHS England intends to put things right. But, in the meantime, our campaign goes on. We think the cuts we've seen so far are the tip of the iceberg and we're seriously worried about what this means for our patients."

In a statement, Mr Currie said: "This just shows how the government gets it wrong, when it doesn't listen to patients."

News in brief

Church to host Christmas feast

HOMELESS people, residents who are unemployed or those struggling with their finances are invited to a Christmas feast hosted by a community church.

Health, housing and career advice professionals will be on hand to give guests free health and dental checks and career advice.

Royal Connections church will be hosting the feast from 4pm on Sunday, December 14 at The Hub Studio, 90 Monier Road, Bow (off Wick Lane).

The day will feature a three-course meal, music, drama and a chance to chat with others. Guests will be given a Christmas hamper to take home.

The feast is supported by Tower Hamlets Foodbank.

For more information or to attend, call 0300 111 1111, email info@royalconnections.org.uk or visit www.royalconnections.org.uk

Carol service

QUEEN Victoria Seamen's Rest is hosting a carol service on Tuesday, December 16 at 7.30pm.

The venue, at 121-131 East India Dock Road, Poplar, which provides accommodation for merchant seamen, former members of the Royal Navy and other services personnel and homeless men, is welcoming everyone to attend the free event which will feature a brass band, the QVSR choir and performances from the Salvation Army.

Free tickets are available from QVSR reception or by calling 7987 5466.

Makers relocate

Designers and makers who traded at the Roman Road Winter Festival are relocating to Winterville at Victoria Park.

Members of Urban Makers East will be hosting a designer, maker market inside a festive big top. The market will take place on December 12, 13 and 14 from 3pm-9pm on Friday and 10am-9pm on Saturday and Sunday. Visit www.facebook.com/urbanmakerseast

Help and support

City and East London Bereavement Service was established in 1984 by psychiatrist Dr Colin Murray Parkes.

SEE BELOW

Dealing with long-held grief

“Someone who lost a parent may contact us when they become a parent themselves. Children who kept grief in or did not express their feelings may come to us as adults.”



BEREAVEMENT SERVICE DIRECTOR SHERIDAN WHITFIELD, LEFT

News

A community bereavement support service is marking its 30th anniversary this year, as **Jessica Odubayo** reports.

ALTHOUGH death is inevitable, until it happens, no one knows how he or she will cope with the loss of someone dear.

And some may be dreading the Christmas season, which brings a harsh reminder of the absence of a loved one.

A community service, which marks its 30th anniversary this year, offers support to adults who have suffered a bereavement at any time – including those who’ve lost a friend or family member, or lost a baby through miscarriage.

Individuals or couples can attend up to 12 weekly sessions to talk to a bereavement counsellor about their loss and the impact it has had on their life.

Contact is made directly with The City and East London Bereavement Service or through GP referral.

Service director Sheridan Whitfield explained how the service offers support in terms of moving on, dealing with feelings of being overwhelmed and processing and managing thoughts.

A team of 30 trained or qualified volunteer counsellors from the community guides residents through the process.

Marianne Bowdler is a counsellor. She trained at Tower Hamlets College, with funding from Canary Wharf Trust, and now volunteers one day a week – seeing a minimum of three people.

Sessions take place in rooms at the service in Whitechapel in settings which help visitors to feel safe and comfortable.

Sheridan said: “Bereavement is a normal

Sheridan Whitfield, director, and counsellor Marianne Bowdler



Grieving is normal, we can help with the pain

process and most people do not need counselling. However, there are those who cannot sleep, start to drink, or have complex issues to face – where day to day life is hard.”

The director said that, after counselling, people often say the service has helped them to move on or deal with life better.

For some using the service, years have passed before they feel they can deal with the trauma of loss.

“For instance, someone who lost a parent may contact us when they become a parent themselves. Children who kept grief in or did not express their feelings may come to us as adults with unprocessed, unresolved pain,” Sheridan said.

Marianne said other times when it may be difficult to express grief include where children are not allowed to attend a funeral, or where a life was lost at war or in such a way that there is no body to bury.

Established in 1984 by renowned psychiatrist Dr Colin Murray Parkes OBE, who recognised a need for bereavement support in the community, the service is confidential, free and available to all residents age 18 or over.

Has someone close to you died, or are they terminally ill?

For help, call 7247 1209, email info@bereavement.org.uk or go to www.celbs.counselling.co.uk

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Fine dining for the pigs

Pigs on Stepney City Farm have been fed leftover fruit and veg as well as food waste, which would otherwise have gone into landfill, reducing wastage and lowering their carbon footprint.

SEE BELOW

Don't answer it

Premium rate numbers generally begin with the codes 09, 090, 118, 0871, 0872 and 0873.

SEE BELOW

Cleaner, Greener, Safer news

Don't be a waster over Christmas

RESIDENTS can find out about reducing food waste over the festive season at two Love Food Hate Waste events.

Each month, the average family throws away about £50 of food.

This amount can spiral rapidly during the festive period.

The council's recycling partner, Veolia, will be on hand at Sainsbury's Whitechapel to give advice, hints and tips on how to reduce food waste during Christmas, as well as demonstrating recipe ideas.

There will also be information on how to shop smartly, save time and money and reduce waste.

The Love Food Hate Waste stand will be in the foyer of the Sainsbury's store at 1 Cambridge Heath Road, E1, between 10am and 4pm on Thursday, December 4 and Friday, December 5.

Some tips for reducing food waste over Christmas

■ The big chill: Freeze ahead – many items like bread and rolls bought in quantity can go stale in the bread bin but are perfect in the freezer.

■ Check the dates on perishable items in your fridge: Keep an eye on 'use by' dates on fresh meat and fish and move them into the freezer if needed.

Remember to always defrost thoroughly before cooking.

■ Lovely leftovers: Cook up a Boxing Day feast with what's left from Christmas lunch – chop up roast potatoes and brussel sprouts and throw into a pan with some Indian spices for a tasty bubble & squeak served with cold meats.

For further information on the Love Food, Hate Waste cooking events email joanna.morris@veolia.com or visit www.towerhamlets.gov.uk/recycling

For further information and tips on reducing food waste visit the website www.lovefoodhatewaste.com

Bogus delivery note will hit your pocket

BY SARAH MCLAUGHLIN

THE council and Phonepay Plus have issued a warning to residents about scams using a premium rate number for missed parcel deliveries.

With people doing their Christmas shopping over the coming weeks and having more and more packages delivered, consumers are being warned to check that premium rate phone numbers left on missed delivery cards are genuine.

Phonepay Plus has received a large number of queries regarding a 090 premium rate phone number that was shut down in December 2005.

The number was originally part of a postal scam, where a card was posted through letter boxes telling the occupier to call a premium rate number, 09066 611911, in order to find out how to retrieve a parcel.

On calling the number they would then immediately be charged £15.

Chain emails still sometimes

circulate on the internet giving the number even though it is no longer operating.

If you receive an email referring to this, report it to Phonepay Plus.

If you receive a delivery card through your letterbox, which you do not believe is genuine and asks you to dial a premium rate number (usually beginning with 090, 09, 070, 118, 0871, 0872 or 0873), you can use Phonepay Plus' number checker on their website at www.phonepayplus.org.uk

You can also call 0800 500 212 (Mon-Fri, 9.30am-5pm) for further guidance.

The checker allows you to enter any number you are not sure about and provides you with information about the company which runs the phone service.

If you are concerned about any premium rate numbers call Tower Hamlets Consumer and Business Regulations Service on 7364 5008 or email tradingstandards@towerhamlets.gov.uk



Feeding the pigs at Stepney City Farm, left, and curing bacon, above

Farm so proud of prime porkers

STEPNEY City Farm is hosting a Pig Fest from December 12-14.

The festival is a celebration of the Berkshire pork reared on the farm and will highlight its commitment to promoting high welfare meat, raised on legal food waste.

On Friday, December 12 and Saturday, December 13, guest chef Neil Bentinck will be offering an eight-course tasting menu featuring the farm's pork.

'Everything but the oink' runs from 7-11pm. The farm to fork experience costs £40 and tickets are available on www.eventbrite.co.uk

Alongside the usual Saturday farmers' market, the farm café will also be offering porky picnic plates of farm-reared meat between 10am-3pm.

There will be information stalls from Compassion In World Farming, Slow Food, Farms Not Factories and a documentary.

There will be piggy drawing, pin the tail on the pig and a chance to meet the farm's pregnant pig, Penny.

On Sunday, the café will serve its last brunch of the year, featuring the farm's very own little porkers – sausages made from pork reared on site.

In collaboration with the Pig Idea, the farm's pigs have been fed on leftover fruit and veg as well as food waste from tofu and cheese production, which would

otherwise have gone into landfill, reducing wastage and lowering their carbon footprint.

The farm also works with Project Pig – the campaign by Compassion in World Farming – to enforce the ban on sow stalls, part of the Pig Pledge, a world-wide movement promising to only eat meat from real farms, not animal factories.

The farm is on Stepney Way, E1. Visit www.stepneycityfarm.org.uk

Smart way to stop the bin thieves

THE council is tackling the theft of metal bins – and the cost of replacing them – through the use of SmartWater technology.

Following a spate of thefts of large metal bins from estates and communal refuse points, the council contracted SmartWater to tag them in an effort to reduce thefts and tackle the mounting costs of replacing stolen bins.

SmartWater provides forensic tagging, which involves the marking of bins with a unique liquid.

The liquid carries a forensic 'code' which is registered to an address or location.

Once applied, it is almost impossible to remove and can only be seen under ultraviolet light. Forensic analysis can then provide conclusive proof of ownership.

The theft of large metal bins in London has been an issue for a while.

In Tower Hamlets, in the two-and-a-half years to June 2014, 82 large metal bins were stolen, costing £41,793 to replace.

Since the implementation of SmartWater in June 2014, there have been no thefts reported.

Mayor Lutfur Rahman said: "SmartWater appears to be a strong deterrent to would-be thieves and is proving a cost-effective solution to the problem."

Cllr Shahed Ali, cabinet member for clean and green, said: "We have sent out a clear message that the theft of council assets will not be tolerated."

"The theft of metal bins is far from a victimless crime, they cost everyone from residents who have their waste collection services disrupted to the taxpayer who ultimately foots the bill for the replacements."

If you see any suspicious activity around large bins and waste containers or have any information on the theft of these bins, call the police non-emergency number on 101.



Fighting on the home front

Many people injured during wars were among those who first fought for rights for disabled people: for decent jobs, decent incomes and equality in society.

Useful information

A celebration

News from disability organisation Real

DECEMBER 3 was International Day of Disabled People.

And for the last five years UK Disability History Month, from mid-November to mid-December, promotes the important contribution disabled people have made within our society.

The objectives are to celebrate the positives of disability and promote wider understanding.

This year, a significant focus is on the impact wounded veterans have had on the struggle for disability rights.

Lots of people have become disabled – both servicemen and civilians – as a result of war.

The amazing poppies at the Tower of London inspired tens of thousands of visitors to think differently about the people who died in World War I a hundred years ago.

But what about the changes that came about in our society because of all of the newly disabled people as a result of war?

It was many of those people that first fought for rights for disabled people: for decent jobs, decent incomes and equality in society. At Real, we are still supporting people to get those same rights and opportunities.

For the whole of disability month, there are arts events, talks and other social activities across the East End covering a range of disability issues. You can find out more by visiting www.together2012.org.uk

Having the choice

REAL'S tagline is "disabled people working together for real choices". For us, these include the choices over how we get and receive care and support.

Real is supporting our local Clinical Commissioning Group to promote personal health budgets (PHBs) in Tower Hamlets.

A PHB is about having control over how you receive certain parts of your health care. At the moment, they are limited to

people who receive Continuing Healthcare, which is a relatively small number of people. But from April 2015 more people will become eligible for them.

Our role is to deliver presentations to local voluntary organisations, producing an information sheet on PHBs and helping to distribute information packs. If you want more details you can contact our Independent Living Support advice line on **7001 2188**.

It is open Monday to Friday between 10.30am and 3.30pm. It's in English every day, and also in Somali on Wednesdays and Bengali on Mondays and Thursdays.

Free training

WE are continuing to offer training for anyone working as a personal assistant (PA) and their disabled employers.

This training will run between December and February 2015.

In December, Real will hold two tailored sessions for PAs and employers who speak Somali and Bengali on 'Getting the best out of your role as an employer' and a session in December and January on 'Developing my skills as a PA'.

Other sessions running next year include food nutrition, manual handling, keeping safe, and employment law – knowing your responsibilities. They will also cover dementia and autism awareness. All sessions come with certificates and some expenses can be covered.

For more information on these sessions call Jackie at Real on 7001 2182 or email jacqueline.jones@real.org.uk

Contacting Real

IN addition to contacting the specific numbers above, you can:

- call Real Answers on **7001 2177** for general queries
- like and talk to us on Facebook www.facebook.com/RealDPO
- follow us on Twitter: [@RealDPO](https://twitter.com/RealDPO)
- or visit www.real.org.uk

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street:

Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor).

To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk 7364 6495

Tower Hamlets Home Birth Support Group

Last Thurs of each month, 8pm. 31 Ridgale Street, E3. 8981 1159

Parents Advice Centre (PAC)

Offers impartial advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9.30am-3.30pm. 7364 6489

LinkAge Plus

Toynbee Hall is one of five network centres that co-ordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3

1-9 Birkbeck Street, E2. 7739 7720 www.account3.org.uk

Bangladesh Youth Movement

21-23 Henriques St, E1. 7488 1831/2

Bromley by Bow Centre

St Leonard's Street, E3. 8709 9737 www.bbbc.org.uk
Citizens Advice Bureau (CAB) 32 Greatorex Street, E1. 7247 1050 www.adviceguide.org.uk

Island Advice Centre

Island House, Roserton Street, Isle of Dogs, E14. 7987 9379 www.island-advice.org.uk

Legal Advice Centre

University House, 104 Roman Road, E2.

8980 4205 www.legaladvicecentre.org.uk

Limehouse Project

Cheadle Hall, Cheadle House, Copenhagen Place, E14. 7538 0075 www.limehouseproject.org.uk

Praxis (New Residents Service)

Pott Street, E2. 7729 7985 www.praxis.org.uk

Tower Hamlets Law Centre

(specialist advice by appointment). Tower Hamlets Law Centre, Unit 1, St. Anne's Street, off 789-791 Commercial Road, E14. 7538 4909 www.thlc.co.uk

Debt advice

Toynbee Hall Advice Service

28 Commercial Street, E1. 7392 2953 advice@toynbeehall.org.uk www.toynbeehall.org.uk

Fair Money Advice

530 Commercial Road, E1. 7702 8032 www.fairfinance.org.uk

Island Advice Centre

Island House, Roserton Street Isle of Dogs, E14. 7987 9379 www.island-advice.org.uk

National Debt Line

0808 808 4000 www.nationaldebtline.co.uk



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

Issue no. Page no.



Making friends through football

Gareth Hadow, left, formed Ambassadors Fathers Football to encourage men to exercise, engage more with their children's education and connect with men from different backgrounds.

SEE BELOW

Have your say

Residents can comment on the cabinet's budget-saving proposals until January 12.

SEE BELOW

News

Crisis grant scheme to close in 2015

FUNDING for a scheme to provide financial help for people in crisis will cease from April 2015.

The Crisis and Support Grant Scheme, which is paid for by central government, helps pay for living expenses at times of crisis. It helps provide support in setting up home and replacing essential damaged items where recipients have no other sources of funds.

The council is considering the implications of the discontinuation of the fund.

To have your say, visit the Your Borough Your Voice pages on the council's website and sign up to My Tower Hamlets at www.towerhamlets.gov.uk



EIGHT football teams, made up of dads whose children attend primary schools in the borough, battled it out on the pitch in the finals of this year's Fathers Football tournament. Dads from Seven Mills, Marion Richardson, Marner, Cubitt Town, Old Palace, Harbinger and Globe schools were among those who demonstrated their skills at Stepney Green Park on Thursday, December 4. Gareth Hadow formed the Ambassadors Fathers Football project two years ago in a bid to encourage men to exercise, engage more with their children's education and connect with other men from different backgrounds. He presented the trophy to tournament winners Marner, while Fokrul from Marner was Man of the Match (pictured).

News in brief

Internet training for over-65s... on TV

TELEVISION producers are looking for people aged 65 or over who have never used the internet to take part in a new programme to be aired on Sky 1.

Older contributors will be given free internet training from a younger counterpart, and taught the basics of sending an email, setting up a Facebook profile or blogging.

"We hope that these new-found skills will help revolutionise their lives," a spokesman said.

You don't need to own a computer or have an internet connection to take part.

If you or someone you know would like to take part, call Karen on 7985 1736, Marcin on 7985 1722 or email casting@princesstv.com by December 19.

Your feedback on savings proposals

BY SUSAN MULLIGAN

THE Your Borough Your Voice consultation campaign set out to give residents the opportunity to consider a range of savings proposals identified by the council.

451 surveys were completed as part of the online consultation and more than 800 people attended local groups and service user events to share their views. These included the Local Voices steering group of disabled residents, the Learning Disabilities Partnership Board and the Carers' Forum.

The council's cabinet agreed to take forward a set of savings proposals to be considered in setting the budget in February. The council is giving residents a further opportunity to have their say until January 12.

To comment on proposals, visit www.towerhamlets.gov.uk/yourborough

Residents' feedback has already shaped the council's view on savings proposals. In response to residents' concerns:

- The proposal to mainstream social work support for the children and adolescent mental health service has been withdrawn.

- The proposal to close four local authority nurseries has been withdrawn.

- The proposal to extend controlled parking zones has been withdrawn to enable further consultation.

- Proposals regarding the Muslim and African Families service (consulted under mainstreaming family services) have been reviewed and amended.

- Proposals for the reconfiguration of children's centres have been amended.

- The proposal to review day services for older people has been deferred.

- The proposal relating to public health drug service

commissioning has been reviewed and will be subject to further impact analysis.

Mayor Lutfur Rahman said: "Central government cuts mean that we have to make difficult decisions about the borough's priorities. Our residents are at the heart of our work, and we have taken on board the feedback we have received. We will continue to involve our residents."

Cabinet member for resources Alibor Choudhury said: "The Your Borough Your Voice campaign is one of the most important consultations we have run. I would urge residents to continue to feedback on proposals."

A workshop looking further at the council's finances and priorities will be held on December 11 at the Professional Development Centre at 229 Bethnal Green Road. A health priorities workshop will be held in January. Email shanara.matin@towerhamlets.gov.uk or call 7364 4548 if you would like to attend.

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or email:

limehousechildcare@gmail.com

www.limehousedaynursery.co.uk



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Taking centre stage

A Christmas Carol takes place at St Matthias Old Church in Poplar High Street, from December 18 to 20.

SEE BELOW

Can you help with play?

With just three weeks to go until A Christmas Carol is staged, the production still needs young carol singers and volunteers to help sew costumes. For further information...

CONTACT SISTER CHRISTINE ON 7987 0459

News



EIGHTY revellers attended a festive tea dance at The Hub in Victoria Park on Wednesday, December 3. Santa was in attendance handing out presents to every visitor and showed off his moves on the dance floor. This was followed by a festive buffet lunch, washed down with warm mulled wine. Party-goers played bingo and all were given a free raffle ticket to win prizes. The Aberfeldy line dancers sent their thanks. "We had a fantastic time –

couldn't better it. Many thanks to the park staff. Food was wonderful and plentiful, music marvellous and Santa was a real treat. Already looking forward to the summer dance," they wrote.

Student social worker Helen, who attended with a group of older guests, said:

"Everyone had a really enjoyable time. They really felt part of the community. It was lovely to see smiles on everyone's faces and the dancing was an extra special treat."

The dance was organised by the council's parks and open spaces team.

Theresa Johnny pulls a cracker with Santa



(Above) Maureen's Line Dancers tuck in

(Below) Hannah Medina and Jennie Cannon on the dance floor



Spirit of Christmas unites residents

BY JESSICA ODUBAYO

LIKE the Charles Dickens novel in which a Victorian community is transformed into a place of joy, warmth and unity, a production of A Christmas Carol has brought people of all ages and backgrounds together.

Anita Parry, a professional actress and Isle of Dogs resident, directed the production, being staged in and around St Matthias Old Church and Community Centre in Poplar this December.

Community leader Sister Christine Frost spread the word about the play and helped recruit local residents for the parts.

A large community cast has teamed up with a core of professional actors including Anita, her husband Peter Ellis from The Bill who plays Scrooge, and Tony Portacio who plays Marley's ghost.

Tower Hamlets College provided rehearsal space for the performers and Greenwich University produced animated projections.

Shadwell resident Oma Awala, 16, is appearing as Topper and his dad, Godwin, also has a part in the play.



Peter Ellis and Brogan Walker, 9, in rehearsals for A Christmas Carol

"I've attended all the rehearsals and it is good playing alongside my dad and professional actors," Oma told East End Life.

Jean Jones, who lives on the Isle of Dogs and works as a secretary at St Mary's and St Joseph's Church in Poplar, said preparing for the production has been good fun and very interesting.

"The professionals have given me tips on how to learn my lines and improvise," Jean said.

"This is something I've always wanted to do. Sister Christine can talk me into anything and she quickly won me round to taking part in the production. Now, I'm looking forward to the costume rehearsal. I would love to get involved in future community productions."

Anita, who lived in Balfron Tower, Poplar for 11 years before moving to the Island, said the idea for the production was to do something

that the whole community can get involved in and enjoy.

"The idea behind it was to produce a community project that was not only fun and rewarding to be part of, but also something that an audience could really enjoy and remember," Anita told East End Life.

The director said the production is professional, artistic and imaginative.

"We've also developed a soundscape so the audience will experience with Scrooge the strange magic and adventure of a night that changes his life. There will also be carols and live music as part of the action.

"We all want it to be a special part of the Christmas celebrations," Anita added.

Ages of cast members range from four to 78.

"We started off slowly and, bit by bit, have cast the whole show. We want to do many more such events. This is the first so, if you want to be part of the next, get in contact with Sister Christine at St Matthias," Anita concluded.

With just three weeks to go until A Christmas Carol is staged, the production still needs young carol singers and



"This is something I've always wanted to do. Sister Christine (pictured above) can talk me into anything."

Jean Jones, Isle of Dogs

volunteers to help sew costumes. For further information call Sister Christine on 7987 0459.

The show is taking place at St Matthias Old Church and Community Centre, 113 Poplar High Street on December 18, 19, 20 and 21.

Tickets are £12 for a family, £10 per person or £6 concessions. Call 7987 0459 or purchase on the door.



Have your say and make changes

The second year of the Mayor's Community Champion Co-ordinators programme will give residents the opportunity to have their say on how funding should be spent to improve areas.

SEE BELOW

People power

Local Community Ward Forums aim to give power to people by asking them to decide how best to spend money.

SEE BELOW

News

Residents oversee improvements

Local people help to decide how grants should be spent

BY STEFAN SWIFT

THE council is giving power to local people by asking them to decide how best to spend money in their area.

Residents have volunteered to oversee the spending of £10,000 from the council on improvements in each ward, through Local Community Ward Forum meet-



ings. The discussions in each ward are supported by the Mayor's Community Champion Co-ordinators. All 38 new co-ordinators were awarded certificates and thanked by deputy mayor Cllr Oliur Rahman at an awards ceremony on Saturday, November 29.

New champions will join with previous post-holders to run public meetings in each ward, starting in January.

The meetings will be open to residents to discuss and set priorities and see how funds can be best spent to improve their areas.

Cllr Rahman said: "This project has already seen positive results from the first round across Tower Hamlets.

"In extending the scheme to a second year, the council thanks these dedicated residents who



Cllr Mahbub Mamun Alam, deputy mayor Oliur Rahman and co-ordinator Ray Gipson
Left: Sue Johnson, localisation manager

are continuing to improve the borough.

"It was a pleasure to meet the new intake of co-ordinators

and it gave me a chance to thank them personally."

The council is stressing that co-ordinators are only re-

sponsible for the forums – other local issues should be directed through elected ward councillors.

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CHECKING
IT **twice**"

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Spreading the word

“It was a great opportunity to showcase the work we do and our young people’s talent in Mumbai.”

NURULL ISLAM, MILE END COMMUNITY PROJECT



A caring hand for youngsters

The Royal London Hospital in Whitechapel cares for young people with a range of serious and long-term conditions including cancer, cystic fibrosis and diabetes.

SEE BELOW

News



Mile End film project is showcased in Mumbai

A MILE End-based group specialising in participatory film projects was in Mumbai last week showcasing its award-winning work.

Nurull Islam and Assan Ali (pictured right and left) of the Mile End Community Project have produced a number of short films, including their

latest take on the phenomenon of fried chicken shops in Tower Hamlets.

Alongside Professor Janet Harbord, Dr Armit S Rai and Dr Gil Toffell from Queen Mary University of London, the group had a busy week leading up to the main event at the TATA Institute of Social Sciences where Nurull and Assan delivered a presentation on the project’s work.

Nurull said: “It was a great opportunity to showcase the work we do and our young people’s talent in Mumbai.”

The project is a partnership with Queen Mary University of London and the TATA Institute of Social Sciences, Mumbai, funded by the Arts and Humanities Research Council.



Have your say

on the proposal for a new tunnel under the Thames at Silvertown

We’d like your opinion on a new tunnel at Silvertown, which is part of a package of proposed river crossings. The new tunnel will:

- Provide a new road crossing across the Thames
- Reduce queuing at the Blackwall Tunnel
- Support the creation of new jobs and homes
- Create the opportunity for new public transport connections

We’d also like your views on a proposed range of charging options for the Blackwall and Silvertown Tunnels. Charging would be implemented from the early 2020s once the Silvertown Tunnel construction is complete to help manage demand and fund the new tunnel.

To find out more please visit tfl.gov.uk/silvertown-tunnel or call 0343 222 1234*

The consultation ends 19 December 2014

*Calls from BT landlines cost up to 5p per minute. Cost of calls from other lines may vary.

Teenagers take party controls

PARENTS were barred from The Royal London Children’s Hospital healing space as the children’s team threw its first ever teenagers-only party.

Approximately 60 patients, aged 12-19, took over the seventh floor and enjoyed an afternoon of activities all to themselves, with hospital staff on hand if needed.

Activities on offer included graffiti T-shirt workshops, making mocktails, taking photos in a fancy-dress photo booth, getting spray tattoos as well as an eight-lane Scalextric track and a nail bar. A live DJ, cartoonist and illusionist also provided entertainment.

Patients also had the opportunity to try their hand at learning how to spin tunes with a DJ.

Charity Rays of Sunshine donated £3,000 to pay for the event and some entertainment was provided free of charge.

The hospital cares

for young people with a range of serious and long-term conditions including cancer, cystic fibrosis and diabetes. These conditions see them regularly attend the hospital, either as an inpatient or for follow-up appointments.

Tara Shea, play team leader, said: “Our young patients know how to throw an awesome party!”

“We are proud of the support we offer to the many young people who we see coping very well with serious illness, and children with long-term conditions who grow up into high-achieving young adults. We often form strong bonds with them and their families; it was lovely to see everyone enjoying themselves.”

Charlie Thompson, 14, and Jordan Gasper, 13, enjoy the activities



MAYOR OF LONDON





All mod cons – interior plumbing

The Lansbury Estate became a standard bearer for a new London where council housing would be clean, affordable and with interior plumbing. Much of the old street plan was largely swept away.

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

Leading the way for London

BY JOHN RENNIE

DURING the Festival of Britain, the Lansbury Estate became a standard bearer for a new London – one where council housing would be clean, affordable and with interior plumbing.

Much of the old street plan was largely swept away. Annabel, Chilcot, Nankin and Swale Streets disappeared beneath the wrecking ball, as did Elizabeth Place and Randall's Buildings, as well as large stretches of Ellerthorp Street, Gough Grove, Mary Place, Pekin Street and Vesey Street. Small sections of Augusta, Giraud, Grundy and Southill Streets were also destroyed.

And in the rubble disappeared the grand vision of an earlier developer, though the magnificently monikered Onesiphorus Randall had his eye on his bank account rather than architectural acclaim. Indeed, 'bringing profit' was the literal meaning of his name and he spent all his waking hours attempting to do just that.

The Poplar publican turned builder and property speculator would make his fortune from developing a marshy patch of Middlesex, before retiring to live in palatial (if rather eccentric) style in rural Norfolk. The problem was, Onesiphorus wasn't too bothered about the way he 'brought profit'.

Pulling pints in the 19th century East End certainly raked in the cash, but not in the quantities desired by the ambitious Randall. Moving from his native Holt in Norfolk, in 1819, he first settled in Poplar, and from 1820 to 1831 was the licensee of the Silver Lion in Pennyfields, in those days a more cosmopolitan and raffish area than today.

One of the poorer parts of Poplar, Pennyfields was home to Irish, German and Scandinavian seamen, and – as the century continued – it would become the heart of the Chinatown that would be swept away by redevelopment in the first decades of the 20th century.

Even by the low standards of Pennyfields, Silver Lion Court was a place to avoid – “a small blind courtyard” where “113 persons live in filth and squalor on a space of 105ft by 30ft” (according to an 1862 report to the Poplar Board of Guardians by the local Medical Officer of Health).

But Onesiphorus had plans. London was experiencing a surge in immigration to dwarf modern standards and, like today, there was a shortage of affordable housing. Publicans were uniquely placed at the heart of their communities and had a lot of cash rattling through their tills in thirsty London.

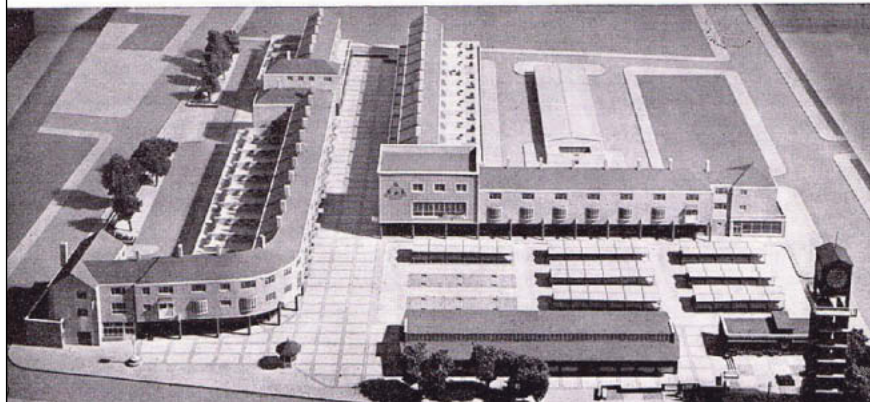
(Right) The Lansbury Estate was redesigned for the festival of Britain and replaced Randall's Jerry-built effort



Shopping Centre and Market Place seen from Chrisp Street



Plan views of a maisonette over a shop, showing lower and upper floors



He was just one of many publicans in early 19th century London involved in property speculation, funding the building of terrace upon terrace of houses to rent (few had the wherewithal to buy) to the new lower middle classes of clerks and bookkeepers – the Swivelers, Cratchits and Bazzards of Charles Dickens' novels could well have lived in a Randall house.

By the mid-1820s, he had moved up to the tenancy of the Globe Tavern in Blackwall, and in 1827 he took a lease on some land belonging to Elizabeth Chrisp Willis, scion of the wealthy local family (Chrisp Street was named after Sir Nicholas Chrisp or Crisp who lived at the nearby Bromley Hall manor house in the 17th century, and the clan would give their name to Chrisp Street and its market).

Oesiphus's first scheme was a terrace of four houses, 179-185 East India Dock Road, later known as Randall's Terrace. That he lived in 185 himself from 1831 until his death 42 years later, is evidence that they were rather grander than his later developments.

But Randall was thinking much bigger. After a series of developments in the neighbouring parish of Bromley St Leonard's, he began to purchase 80-year leases on land and roped in other local tradesman for his grand design. There was carpenter George Lester; joiner James Harpley Leake, who later ran the estate office for Randall; Poplar brickies John Banbury and William Wickes and local builder Henry Clarke.

And so the estate was thrown up from 1848, and immediately attracted criticism. The district surveyor spoke of “a fourth-rate dwelling house... unsound materials... insufficient foundations and with walls containing many brickbats [broken bricks]”.

Building News saw the new buildings being “run up in a very paltry style” and “preposterously too heavy in their proportions”. The streets were described as “straight dull rows of two-storied houses... most rise straight from the pavement in their grimy ugliness” (though they'd probably look desirably traditional to a 21st century buyer, should you be able to afford one).

There was “generally a back yard of varying size and capabilities behind”, though the inexhaustible Charles Booth, in his Survey of London, “found that gardens did not flourish in this part of Poplar”.

Up went the southern section of the estate first, with the market in the centre, then streets running east to west. Three streets ran north to south (Upper North Street, Randall Street and Grove Street) and the whole estate was complete completed by the end of 1857. Even after the Lansbury development, many of Randall's streets remain to this day, though with new houses and sometimes new names.

Grove Street was developed between 1849 and 1855, with 21 houses erected in 1851; it's now named Bygrove Street. Richard Street was built between 1851 and 1853, but is now the more exotic Ricardo Street. John (now Grundy) Street was an earlier development, being completed by 1851.

And residents of Augusta Street (one of the earliest begun, in 1848, and with 24 houses built in 1850) inhabit the thoroughfare named after the remarkable Oesiphus himself – for Augusta was originally Randall Street, constructed between 1848 and 1854.

On the south side of John Street was a terrace of 11 houses, known as King's Terrace, built in 1850-1 and named for Thomas Henry King, an architect and civil engineer of Spitalfields, who leased the site from Randall in 1851.

And at the centre of the estate lay his pride and joy – Randall's Market. Alas, like so much of the developer's work, it was a shoddy mess. “Showy in style and constructed of cheap materials. An ugly cement drinking-fountain was erected at the centre of the market and was surrounded by a punched-metal and glass canopy. Above the fountain was a gas lamp supported by dolphin brackets. The fountain was said to be in a state of rapid decomposition as early as 1857,” wrote one reporter.

Despite its architectural pretension and its ambitious plan to establish an upmarket shopping area north of the bustling East India Dock Road (the costermongers – backbone of the street traders – were barred as too downmarket) it soon flopped. At which point, irony of irony, the costermongers moved in to occupy the empty units.

In the centre of the stalls stood the Market House Tavern, which was to be run as a booze-free temperance house. A startlingly bold ambition in the East End of the 1850s – by 1880 it was a Watneys House, selling alcohol. By 1906 it was empty and steadily rotted away until the 1950s.

At which point everything changed, with the brave new world of the Festival of Britain and the Lansbury Estate. The ghost of Onesiphorus Randall and his jerry-built estate was banished forever.

■ For a map, visit tinyurl.com/n3zh6e4

“Fourth rate dwellings, unsound materials, insufficient foundations and many brickbats.”

The district surveyor, 1848

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Tuesday, December 9

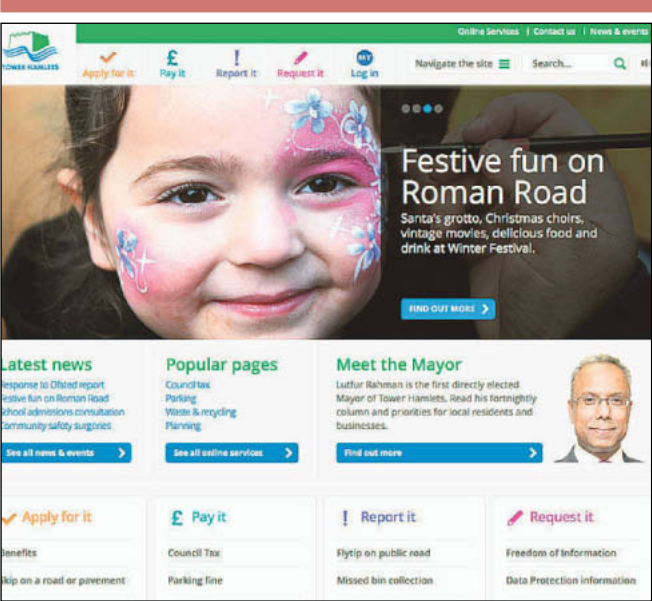
5pm: Tower Hamlets Health and Wellbeing Board

Business includes the presentation and comments on a forward programme, updates on the health and wellbeing and mental health strategies and reports from Tower Hamlets Safeguarding Children Board and Safeguarding Adult Board. For details call Zoe Folley on 7364 4877 or email zoe.folley@towerhamlets.gov.uk

6.30pm: Licensing Committee

The meeting will consider a report on the community alcohol partnership. For details call Simmi Yesmin on 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Planning

- E1** 233-235 Mile End Road – application for non-material amendment of planning permission dated 20/08/2013, ref: PA/13/01574.
- 10 Lang Street** – single storey rear extension.
- Telephone kiosk on pavement outside 45 Whitechapel Road** – re-siting of BT Openstyle payphone kiosk as part of the Transport for London Supercycle Highway Upgrade.
- Basement unit, 4 Walburgh Street** – retention of existing minicab call centre.
- 298 Commercial Road** – approval of details pursuant to car-free agreement of planning permission dated 24/04/2014, ref PA/14/00479.
- 125 Brick Lane** – listed building consent sought for re-pointing of brickwork and associated works.
- 54 Cavell Street** – application to set back south facing elevation.
- 30 Prescott Street** – to carry out

essential strengthening works to party wall and floor immediately adjacent 31 Prescott Street.

- E2** **Suttons Wharf, Palmers Road** – application for non-material amendment of planning permission dated 12/09/2014, ref: PA/13/02938.
- 409 Bethnal Green Road** – advertisement consent sought for seven illuminated fascia signs and one illuminated projecting sign.
- 18-20 Hackney Road** – application to modify garden management strategy of agreement dated 24/08/2011, planning permission ref: PA/11/01258.
- 44 Tomlinson Close** – proposal for full width, single storey rear extension.
- E3** **24 Bow Road** – outline planning application for the conversion of garage workshop to eight flats.

- 459 Roman Road** – development to provide for one bedroom maisonette at ground and basement level.
- E14** **Providence Tower, New Providence Wharf, Blackwall Way** – submission of details pursuant to biodiversity plan of planning permission dated 10/11/2014, ref: PA/13/01953.
- Leamouth north, Orchard Place** – retrospective planning permission for construction of part single, part two storey site cabin associated with London City Island development.
- Boat house, Poplar Blackwall and District Rowing Club, Ferry Street** – replacing existing uPVC, framed glazed screen with a powder coated aluminium framed glazed screen and folding, sliding glazed doors.
- Flat 5, Duke Shore Wharf, 106 Narrow Street** – replacement windows to bed 1 and bed 2 at front and new patio door to balcony.

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service
Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

Isis
For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team
Unit 22, Skyline Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081

Travel grants available

TOWER Hamlets businesses can still apply for a new travel grant from the Zero Emissions Network (ZEN) to encourage sustainable travel into the workplace.

Pots of up to £1,000 are now available to help local workplaces create environmentally friendly travel incentives for staff and visitors.

Cycle maintenance, shower facilities, staff rewards and electric charging points are just some of the ways the money

from the ZEN travel grant can be used.

Applications are welcome from all businesses in Tech City and surrounding area (Spitalfields, Shoreditch and Weavers).

However they need to first sign up to the ZEN – a pioneering eco project which sees experts from Towers Hamlets, Hackney and Islington councils help businesses save money, reduce pollutants and improve staff health through cash-saving deals, free advice and services.

To apply for the grant, workplaces have to commit to a travel plan developed in conjunction with the ZEN team.

Applicants first have to sign up to ZEN who will then contact you, then a minimum of 30 per cent of staff have to respond to an online survey.

After that you can apply for a grant based on actions set out in your travel plan and this will be followed by a monitoring process.

Email zen@towerhamlets.gov.uk or call 8356 6113

Congratulate your loved ones on their Wedding Anniversary through the Family Announcements

1 YEAR PAPER	4 YEARS FRUIT & FLOWERS	7 YEARS WOOLLEN	10 YEARS TIN	20 YEARS CHINA	35 YEARS CORAL	50 YEARS GOLDEN
2 YEARS COTTON	5 YEARS WOODEN	8 YEARS SALT	12 YEARS SILK	25 YEARS SILVER	40 YEARS RUBY	55 YEARS EMERALD
3 YEARS LEATHER	6 YEARS SUGAR	9 YEARS COPPER	15 YEARS CRYSTAL	30 YEARS PEARL	45 YEARS SAPPHIRE	60 YEARS DIAMOND

To place your announcement in East End Life call...

Terri on 7364 4682, Chris on 7364 4994, Fatima on 7364 4623 or Sharan on 7364 4061



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's photo was of Chisenhale Studios in Chisenhale Road, Bow.

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance –
7364 5007
Employment & skills service
(Skillsmatch) – 7364 3727
Environmental health,
trading standards & licensing
– 7364 5008
Planning & development
– 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364
5015
Healthline – 7364 5016

General enquiries

Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3)
– 7364 3558
Homeless service – 7364 7474
Choice-based lettings
– 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department, call the switchboard on 7364 5000.



This photo of 'yarn-bombing' on the bridge over the Limehouse Cut in Burdett Road was sent in by resident Jose Albareda. "Obviously someone thought the bridge needed some colour and these crocheted flowers started to appear," Jose said. 'Yarn-bombing' is street art featuring knitted or crocheted items. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours)
24-hour domestic violence national helpline

0808 2000 247
Haven Whitechapel (sexual assault referral centre)

7247 4787
Karma Nirvana (Honour Network Helpline)

0800 5999 247
Broken Rainbow (LGBT domestic violence)

0845 260 4460
Black Women's Health & Family Support
8980 3503
Rights of Women

(legal advice)
7251 6577

Victim Support Line
0845 30 30 900
Victim Support Tower Hamlets
8555 8254

NSPCC Child Protection Helpline
0800 800 5000
Childline
0800 1111
Shelterline
0808 800 4444
Respect (for perpetrators)
0845 122 8609

Reunite (advice about child abduction)

0116 2556 234
Men's Advice Helpline
0808 8010 327
Samaritans
08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney & Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

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Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179



38 জন নতুন কমিউনিটি চ্যাম্পিয়ন নিয়োগ

নিজ নিজ এলাকায় কিভাবে সেবা পছন্দ্য অর্থ ব্যয় করা যাবে, সেব্যাপারে স্থানীয় বাসিন্দাদের সিদ্ধান্ত নেয়ার ক্ষমতা প্রদান কার্যক্রম অব্যাহত রেখেছে কাউন্সিল। ২৯ নভেম্বর শনিবার অনুষ্ঠিত বিশেষ এক অনুষ্ঠানে ডেপুটি মেয়র অলিউর রহমান নবনিযুক্ত ৩৮ জন কমিউনিটি চ্যাম্পিয়ন কোঅর্ডিনেটরকে সার্টিফিকেট প্রদান করেন। বিস্তারিত পড়ুন নীচে -

NEW WAVE OF MAYOR'S COMMUNITY CHAMPION CO-ORDINATORS

Harmony

Ololaha lidka ku ah in la dhibo haweenka

Campaign for action on domestic violence – issue 1039

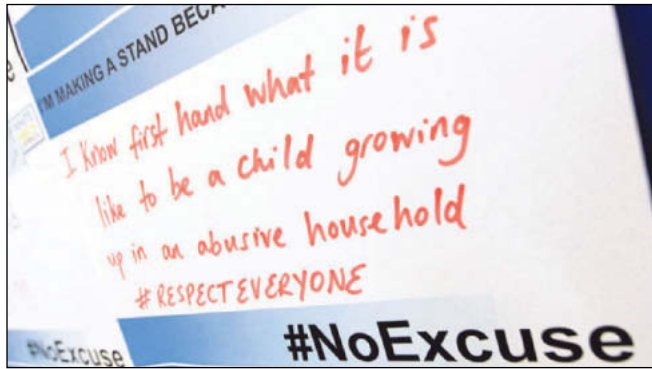
Ololaha ka hortaga bah dilka haweenka, ayaa si rasmi ah, Aydhiaa stoor-ka Whitechapel looga furay todobaadkii la soo dhaafay.

Shaqaalaha aydhiaa Stoor-ka ayaa ku biiray kooxda badbaadada bulshada ee kawnsulkan iyo ciidanka ammaanka, munaasabadii 25kii Nofembar.

Kawnsulku wuxuu taageerayaa ololaha loogu talagalay on lagu baraarugo dhibaatooyinka loo geysto haweenka, yar yio weynba, isla markaana lagu dhiirigeliyo dadweynuhu in ay canbaareeyaan falalka nocaas ah.

Munaasabadani waxaa kale oo ay xariijin ku dhufatay, daahfurka 16 maalmood, oo dhab looga hortagayo falalka xumaynta ah.

Dhammaan aydhiaa Stoor-ka gobolku, waxay u tababareen shaqaalahaooda safka hore, ku baraaruga fadqalalooyinka qoyska, si ay wax uga taraan oo taageero u siiyaan haddii dad-



weynuhu uga baahdo.

Si uu taa guulo uga soo hooyana wuxuu adeegsanayaa shaqaale, ururada bulshada, waaxda waxbarashada iyo dhallinyarada si ay gacan u siiyaan dhibanayaasha.

Maayar Lutfur Rahman ayaa yidhi: “Aad ayaanu ugu han weynahay in aanu taageerno ololayaashan oo kale, si aanu ugu tirtirno gobolka, falalka ku salaysan jinsiga Waa muhiim kawnsulka iyo dhammaan dadweynuhu in ay muujiyaan in aan aynu lid ku nahay falalkan axmaqnimada ah.”

Fadqalalada qoyska waxaa ka

mid ah in wehelku hadidaad joogta ah ku hayo, ka kale. In uu ka hor istaago in ay la xidhiidhaan saxiibadood amma ay maamushaan dakhligooda, amma ay ku bahdilaan wehelkooda dadweynaha hortisa.

Dadweynaha waxaa lagu dhiirigelinayaa in ay u soo gudbiyaan fadqalalada qoyska oo soo wacan 0800 279 5434 (Iniin-Jimce, 9am-5pm).

Denbiyada nacaybka, waxaa loo soo gudbinayaa 0800 1380521, denbiyada anshax xumadana waxaa la soo wici karaa 0800 917 5918.

Xarumaha barbaarintu way inoo furnaanayaan

Nurseries will remain open – page 1

KAWNSULKA ayaa ku dhawaaqay in ay furnaan doonaan afar xarun barbaarineed, kadib markii la tixgeliyey la tashigii dadweynaha ee aayahooda.

Waxaa lagag dhawaaqay shirkii kabinet-ka ee Disembar sedexdii, in laga saaro xarumahan badbaadinta, soo jeedimihii beekhaaminta dhaqaalaha, oo uu si buuxda kawnsulka u hor imman doona Jeenaweri.

Kawnsulku wuxuu kala tashanayey dadweynaha, soo jeedimaha beekhaaminta dhaqaalaha oo uu ku talo jiro in uu £100 kun uu hoos u dha-

cayo, garoocyada dawlada dhexe awgeed. Soo jeedimaha waxaa ka mid ahaa in la la xidho Queen Mary Day Nursery, Overland Day Nursery, Mary Sambrook Day Nursery and John Smith Day Nursery.

Waalidiinta deegaanku, waxay taageereen in aan la xidhin xarumaha barbaarinta, kadibna Maayarka ayaa ka codsaday kabinet-ka in ay dib u eegaan soo jeedinta xidhiidhka.

Kadibna shirkii kabinetka ayaa lagaga dhawaaqay in ay xarumuhu furnaan doonaan.

Maayar Lutfur Rahman ayaa yidhi: “Waxaan aad ugu farax-sanahay in aan ku

dhawaaqo, fiira dheer kadib, aragtiyihii kuwa adeegsada xarumaha, in ay furnaadaan afarta xarumoodba.

Waxaanu tixgeline aragtiyihii waalidiinta, shaqaalaha xarumaha barbaarinta, ururada shaqaalaha iyo weliba xubno kale oo bulshada ka tirsan.

“Waxaan jecelahay in aan halkan uga mahad naqo, dhammaan xubnihii bulshada ee la tashiyada ka qayb qaatay, una ballan qaado, maayar ahaan in aan bulshada la shaqeeyo, si uu gobolku uga badbaado, garoocayada dawlada dhexe ku soo rogtay dhaqaalaha.”



The Mayor's Community Champion Co-ordinators with deputy Mayor Oliur Rahman

ওয়ার্ড ফোরামের কার্যক্রম সুষ্ঠুভাবে পরিচালনায়

৩৮ জন নতুন কমিউনিটি চ্যাম্পিয়ন নিয়োগ

New Mayor's Community Champion Co-ordinators

নিজ নিজ এলাকায় কিভাবে সেবা পছন্দ্য অর্থ ব্যয় করা যাবে, সেব্যাপারে স্থানীয় বাসিন্দাদের সিদ্ধান্ত নেয়ার ক্ষমতা প্রদান কার্যক্রম অব্যাহত রেখেছে টাওয়ার হ্যামলেটস কাউন্সিল।

লকাল কমিউনিটি ওয়ার্ড ফোরামের সভায় মিলিত হয়ে বাসিন্দারা কাউন্সিলের কাছ থেকে প্রাপ্ত ১০ হাজার পাউন্ড ওয়ার্ডের উন্নয়নে কিভাবে খরচ করা হবে, সেই সিদ্ধান্ত নেয়ার সুযোগ পান।

লকাল কমিউনিটি ওয়ার্ড ফোরামের কার্যক্রম সুষ্ঠু ও স্বচ্ছভাবে সম্পন্ন করার ক্ষেত্রে গুরুত্বপূর্ণ ভূমিকা পালন করে থাকে মেয়রের কমিউনিটি চ্যাম্পিয়ন কোঅর্ডিনেটররা।

গত ২৯ নভেম্বর শনিবার অনুষ্ঠিত বিশেষ এক অনুষ্ঠানে ডেপুটি মেয়র কাউন্সিলর অলিউর

রহমান নবনিযুক্ত ৩৮ জন মেয়রস কমিউনিটি চ্যাম্পিয়ন কোঅর্ডিনেটরকে সার্টিফিকেট প্রদান করেন এবং ধন্যবাদ জানান।

নতুন কমিউনিটি চ্যাম্পিয়নরা আগামী জানুয়ারী মাস থেকে প্রতিটি ওয়ার্ডে অনুষ্ঠিতব্য জনসভা আয়োজনে আগের চ্যাম্পিয়নদের সাথে কাজ করবেন।

এসব মিটিংয়ে চ্যাম্পিয়নরা অগ্রাধিকারগুলো চিহ্নিত করতে এবং কিভাবে বাসিন্দারা তাদের এলাকার উন্নয়নে অর্থ ব্যয় করতে পারেন, তা নির্ধারণে আলোচনায় বাসিন্দাদের সহযোগিতা করবেন।

মেয়র, লুৎফুর রহমান বলেন, কমিউনিটি চ্যাম্পিয়ন সমন্বয়কারী কর্মসূচির মেয়াদ আরো এক বছর বাড়াতে পেরে আমরা গর্বিত। যারা

এলাকায় বাস করেন, তাদের চেয়ে ঐ এলাকা সম্পর্কে ভালো ধারণা লাভ করা আর কারো পক্ষে কখনোই সম্ভব নয়। তাই, বাসিন্দাদেরকেই উপযুক্ত একক্রে অর্থ ব্যয়ের সিদ্ধান্ত গ্রহণের ক্ষমতা দেয়াটাই সবচেয়ে কার্যকর পদক্ষেপ।

মেয়র বলেন, এলাকার উন্নয়নে ভূমিকা রাখার এই অসাধারণ সুযোগ গ্রহণ করার জন্য আমি সবাই প্রতি আহ্বান জানাচ্ছি। বারার উন্নয়নে যারা নিজেদের মূল্যবান সময় ব্যয় করার জন্য নতুন চ্যাম্পিয়ন হয়েছেন, আমি তাদেরকেও ধন্যবাদ জানাচ্ছি।

উল্লেখ্য, কমিউনিটি চ্যাম্পিয়ন কোঅর্ডিনেটররা শুধুমাত্র ওয়ার্ড ফোরামের ব্যাপারে কাজ করবেন। অন্যান্য সকল স্থানীয় ইস্যু নিয়ে কাজের দায়িত্বপ্রাপ্ত হচ্ছেন ওয়ার্ড কাউন্সিলররা।

বারার চারটি নার্সারী চালু রাখার সিদ্ধান্ত

Nurseries will remain open – page 1

জনসাধারণের সাথে ব্যাপক আলোচনার প্রেক্ষিতে বারার ৪টি নার্সারী চালু রাখার কথা ঘোষণা করেছে টাওয়ার হ্যামলেটস কাউন্সিল।

৩ ডিসেম্বর রাতে অনুষ্ঠিত কেবিনেট মিটিংয়ে কাউন্সিলের অর্থ সশ্রয় প্রস্তাবনা থেকে নার্সারী-গুলোকে প্রত্যাহার করে নেয়ার সিদ্ধান্ত নেয়া হয়, যা পূর্ণাঙ্গ কাউন্সিল মিটিংয়ে উপস্থাপন করা হবে। কেন্দ্রীয় সরকারের আর্থিক সংকোচন নীতির কারণে ১০০ মিলিয়ন পাউন্ডের বাজেট ঘাটতি মোকাবেলার লক্ষ্যে খসড়া সশ্রয়ী প্রস্তাবনা সমূহ নিয়ে জনসাধারণের সাথে আলোচনা করার প্রেক্ষিতে এই সিদ্ধান্ত নেয়া হলো।

আর্থিক সশ্রয়ী প্রস্তাবনাগুলোর মধ্যে একটি ছিলো, কুইন মেরী ডে নার্সারী, ওভারল্যান্ড ডে নার্সারী, মেরি স্যামব্রুক ডে নার্সারী এবং জন স্মিথ ডে নার্সারী বন্ধ করে দেয়া। বারার অন্যান্য নার্সারীগুলোতে বিকল্প ব্যবস্থাদি নিশ্চিত করা হবে। স্থানীয় অভিভাবকরা বিপুল উদ্যমের সাথে

নার্সারীগুলোকে সমর্থন করছেন এবং গত নভেম্বর মাসে অনুষ্ঠিত কেবিনেট মিটিংয়ে মেয়র নার্সারীগুলো বন্ধ করে দেয়ার প্রস্তাবিত পরিকল্পনা পুনরায় খতিয়ে দেখার জন্য অফিসারদের নির্দেশ দেন।

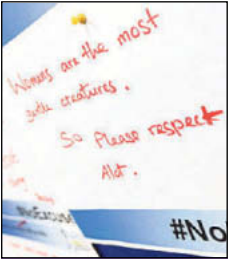
৩ ডিসেম্বর অনুষ্ঠিত কেবিনেট মিটিংয়ে নার্সারীগুলো যথারীতি খোলার রাখার কথা ঘোষণা করা হয়। টাওয়ার হ্যামলেটস এর মেয়র লুৎফুর রহমান বলেন, ব্যবহারকারী, অভিভাবক, নার্সারী ওয়ার্কার, ট্রেড ইউনিয়ন এবং কমিউনিটির অন্যান্য সদস্যদের অভিমত সতর্কতার সাথে বিবেচনা করার পর চারটি নার্সারী খোলার রাখার ব্যাপারে আমাদের ইচ্ছার কথা আমি ঘোষণা করতে পেরে খুবই সন্তুষ্ট।

তিনি বলেন, আমাদের কমিউনিটি কনসাল-টেশন প্রক্রিয়ায় যারা অংশ নিয়েছিলেন, আমি তাদের সকলকে ধন্যবাদ জানাচ্ছি এবং মেয়র

হিসেবে আমি আবারও দৃঢ়তার সাথে এই সিদ্ধান্ত ঘোষণা করছি যে সরকারের অর্থনৈতিক কর্তনের ছোবল থেকে আমাদের বারাকে যতটুকু সম্ভব সুরক্ষা দিতে আমি কমিউনিটির সাথে যনিষ্ঠভাবে কাজ করে যাবো।

শিক্ষা ও শিশু সার্ভিসেস বিষয়ক কেবিনেট মেম্বর, কাউন্সিলর গোলাম রক্বানী বলেন, “আর্থিক সংকোচন চাপ মোকাবেলা করতে গিয়ে আমাদেরকে বাধ্য হয়ে এমন অনেক সিদ্ধান্ত নিতে হয় যা বিশেষভাবে জটিল ইস্যুতে পরিণত হয়।”

তিনি বলেন, “কনসালটেশনের অংশ হিসেবে আমি ৪টি নার্সারী পরিদর্শন করি এবং স্টাফ, অভিভাবক ও ব্যবহারকারীদের বক্তব্য অত্যন্ত সতর্কতার সাথে শুন। এটা নিঃসন্দেহে আমার কাছে সুস্পষ্টভাবে প্রতিয়মান হয় যে, আমাদের বাচ্চাদের সেবা সহযোগিতা ও চাহিদা অনুযায়ী সুরক্ষা নিশ্চিত করতে নার্সারীগুলো অত্যন্ত গুরুত্বপূর্ণ ভূমিকা পালন করে যাচ্ছে।”



‘হোয়াইট রিবন ক্যাম্পেইন’ শুরু

সামাজিক সচেতনতা বাড়ানোর মাধ্যমে পারিবারিক সহিংসতা নির্মূল করতে হোয়াইটচ্যাপল আইডিয়া স্টোরে আনুষ্ঠানিক-ভাবে শুরু হয়েছে ‘হোয়াইট রিবন ক্যাম্পেইন’। ২৫ নভেম্বর অনুষ্ঠিত লঞ্চিং অনুষ্ঠানে আইডিয়া স্টোরের স্টাফরা কাউন্সিলের কমিউনিটি সেফটি টিম ও পুলিশের সাথে যোগ দিয়ে এই ক্যাম্পেইনে অংশ নেন। বিস্তারিত পড়ুন নীচে -

WHITE RIBBON CAMPAIGN LAUNCHED AT IDEA STORE WHITECHAPEL

Harmony

পারিবারিক নির্যাতনের বিরুদ্ধে সচেতনতা বাড়াতে শুরু হয়েছে বিশেষ প্রচারাভিযান ‘হোয়াইট রিবন ক্যাম্পেইন’

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সামাজিক সচেতনতা বাড়ানোর মাধ্যমে পারি-বারিক সহিংসতা নির্মূল করতে গত সপ্তাহে হোয়াইটচ্যাপল আইডিয়া স্টোরে আনুষ্ঠানিক-ভাবে শুরু হয়েছে বিশেষ প্রচারাভিযান ‘হোয়াইট রিবন ক্যাম্পেইন’।

২৫ নভেম্বর মঙ্গলবার অনুষ্ঠিত বিশেষ এই অনুষ্ঠানে আইডিয়া স্টোরের স্টাফরা টাওয়ার হ্যামলেটস্ কাউন্সিলের কমিউনিটি সেফটি টিম ও পুলিশের সাথে যোগ দিয়ে এই ক্যাম্পেইনে শরীক হন।

নারী ও বালিকাদের বিরুদ্ধে সহিংসতার ব্যাপারে জনসচেতনতা বাড়াতে এবং জনসাধারণ যাতে এর বিরুদ্ধে সোচ্চার হন, সেজন্য জাতীয়ভিত্তিক প্রচারাভিযান হোয়াইট রিবন ক্যাম্পেইনে সর্বাঙ্গিক সমর্থন ঘোষনা করেছে টাওয়ার হ্যামলেটস্ কাউন্সিল।

হোয়াইটচ্যাপল আইডিয়া স্টোরের অনুষ্ঠানের মধ্য দিয়ে শুরু হলো নির্যাতন নিগূহের বিরুদ্ধে ১৬ দিনব্যাপি প্রচারাভিযান।

পারিবারিক নির্যাতন সম্পর্কে সচেতনতা বাড়ানোর পাশাপাশি এর শিকার যারা হবেন, তাদেরকে উপযুক্ত সহায়তা দিতে বারার সকল আইডিয়া স্টোরের স্টাফদের প্রশিক্ষণ দেয়া হয়েছে।

কিছু কিছু স্টাফ এখন অধিকতর প্রশিক্ষণ লাভ করে ভায়োলেন্স এগেইনস্ট উইম্যান এন্ড গার্লস্ (বিএডব্লিউজি) চ্যাম্পিয়ন হিসেবে দায়িত্ব পালন করছেন।

রিপোর্টিং সিস্টেমের ওপর আস্থার অভাব থাকায় সারা দেশেই এ সংক্রান্ত অভিযোগ দাখিলের যে অনিহা, সে ব্যাপারটিতে অধিক-তর গুরুত্বের সাথে নজর দিচ্ছে টাওয়ার হ্যামলেটস্ কাউন্সিল।

কাউন্সিলে স্টাফ, কমিউনিটি সংগঠন, শিক্ষা ক্ষেত্র ও তরুণ সম্প্রদায়ের মধ্য থেকে প্রশিক্ষিত বিএডব্লিউজি চ্যাম্পিয়ন নিয়োগ দেয়ার মাধ্যমে



Muhit Ahmed, Lucy Allwright and Barbara Stretch showing White Ribbon campaign messages

পারিবারিক সহিংসতার শিকারদের যুথোপযুক্ত সহায়তা নিশ্চিত করার উদ্যোগ নিয়েছে কাউন্সিল।

কেবিনেট মেম্বর ফর কমিউনিটি সেফটি, কাউন্সিলর অহিদ আহমদ বলেন, হোয়াইট রিবন ক্যাম্পেইন চালু করেছেন পুরুষরা, যারা লিঙ্গ ভিত্তিক সহিংসতার বিরুদ্ধে দাঁড়িয়েছেন এবং সবাইকে এর বিরুদ্ধে দাঁড় করাতে চান। টাওয়ার হ্যামলেটস্ বারায় পারিবারিক সহিংসতা ও নির্যাতনের শিকারদের ৯৭ শতাংশই মহিলা। তাই হোয়াইট রিবন এবং সিক্সটিন ডেজ অব এ্যাকশন এগেইনস্ট এবিউজ ক্যাম্পেইনে অংশ নেয়া খুবই গুরুত্বপূর্ণ।

যে আচরণকে ডমিস্টিক এবিউজ বা পারিবারিক নির্যাতন-নিগূহ হিসেবে ধরা হয়, তার মধ্যে রয়েছে, পার্টনার বা স্বামী/স্ত্রীর প্রতি হুমকি ও জবরদস্তিমূলক আচরণ, নিজের বন্ধু-বান্ধবের সাথে দেখা বা যোগাযোগ করতে পার্টনারকে বাধা দেয়া, কিংবা তাদের আর্থিক ব্যবস্থাপনায় ভাগ বসানো, কিংবা অন্যের সামনে পার্টনারের মানহানি কিংবা অপমান করা।

টাওয়ার হ্যামলেটস্ কাউন্সিলের হেল্পলাইন ০৮০০ ২৭৯ ৫৪৩৪ নাম্বারে ফোন করে (সোমবার থেকে শুক্রবার, সকাল ৯টা থেকে বিকাল ৫টা) পারিবারিক নির্যাতন সম্পর্কে রিপোর্ট করার জন্য বাসিন্দাদের প্রতি অনুরোধ

করা হয়েছে। ০৮০০ ১৩৮ ০৫২১ নাম্বারে হেইট ক্রাইম বা ঘৃণাজনিত অপরাধ এবং ০৮০০ ৯১৭ ৫৯১৮ নাম্বারে ফোন করে সমাজ বিরোধী কার্য-কলাপ সম্পর্কে রিপোর্ট করা যাবে।

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

7364 4944

News in brief

সিলেটী ভাষায় প্রকাশিত

হলো পবিত্র বাইবেল

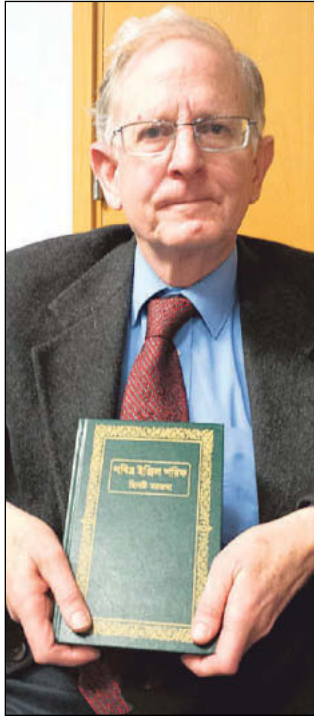
বাংলা হরফে সিলেটী উচ্চারণে খৃষ্ট ধর্মগ্রন্থ বাইবেল প্রকাশ করা হয়েছে। এ ধরনের প্রকাশনা বিশ্বেই এটাই প্রথম।

প্রকাশনার সাথে সংশ্লিষ্ট সূত্র জানিয়েছে, এই ‘ছিলটি বাইবেল’ এর দ্বিতীয় সংস্করণ খুব শিগগিরই সিলেটী নাগরী হরফে প্রকাশিত হবে, বর্তমানে যার মুদ্রন কাজ চলছে।

খৃষ্ট ধর্মাবলম্বীদের সবচেয়ে বড় ধর্মীয় উৎসব ‘বড়দিন’কে সামনে রেখে প্রকাশিত হলো গাঢ় সবুজ রংয়ের প্রচ্ছদে সোনালী রংয়ে লেখা “পবিত্র ইঞ্জিল শরীফ - ছিলটি তরজমা” নামের বাইবেল গ্রন্থটি।

টাওয়ার হ্যামলেটস্ এর বাসিন্দা, বিশিষ্ট ভাষা পন্ডিত, জেমস লয়েডস্-উইলিয়ামস এর সার্বিক তত্ত্বাবধানে দেশ-বিদেশের কয়েকজন বিশিষ্ট শিক্ষাবিদ, মাওলানা ও অনুবাদক মূল গ্রীক ভাষা থেকে সিলেটী উচ্চারণে বাংলা হরফে নিউ টেস্টামেন্ট অনুবাদ করেন। আগামী কয়েক দিনের মধ্যেই এটির আনুষ্ঠানিক প্রকাশনা অনুষ্ঠান সিলেটে অনুষ্ঠিত হবে। এজন্য জেমস উইলিয়ামস গত সপ্তাহে বাংলাদেশের উদ্দেশ্যে লন্ডন ত্যাগ করেছেন।

জেমস লয়েডস্-উইলিয়ামস বলেন, ১৯৭৫ সাল থেকে আমি টাওয়ার হ্যামলেটসে বসবাস করছি এবং এর ফলে সিলেটী কমিউনিটির সম্পর্কে আসার সুযোগ পেয়েছি। সিলেটের ভাষা ও ঐতিহ্য-সংস্কৃতির একজন গুণমুগ্ধ আমি বহু বছর ধরে নাগরী হরফে লেখা সিলেটী পুঁথি নিয়ে গবেষণা করে যাচ্ছি। তাই, সিলেটের অধিবাসীদের তাদের নিজস্ব ভাষা ও উচ্চারণে অনুবাদকৃত বাইবেল উপহার দিচ্ছি।



তিনি বলেন, সিলেটে আমার কিছু মুসলিম ও খ্রিস্টিয়ান বন্ধুদের ৭ বছরের অক্লান্ত পরিশ্রমের ফসল হচ্ছে এই সিলেটী বাইবেল। আহলে কিতাব সোসাইটি, সিলেট কর্তৃক প্রকাশিত ‘সিলেটী বাইবেল’ টাওয়ার হ্যামলেটসের পিস বুক, ফ্যাশন স্ট্রিট, ব্রিক লেন এবং বুকস্ ফর লাইফ, ৩০৫ ক্যামব্রিজ হীথ রোড, বেথনাল গ্রীন থেকে কেনা যাবে। দাম মাত্র ৫ পাউন্ড।

■ The above stories are: First Bible published in the Sylheti language.

রোমান রোডের ভবনগুলোকে দৃষ্টি নন্দন করতে কাউন্সিলের পদক্ষেপ

“The Roman” to be revitalised – issue 1039

বারার রোমান রোডের উভয় পাশের ভবন গুলোর সামনের দিকে সৌন্দর্যকে আরো দৃষ্টি নন্দন করতে প্রোপার্টির মালিকদের উৎসাহিত করতে টাওয়ার হ্যামলেটস্ কাউন্সিল সক্রিয় পদক্ষেপ গ্রহণ করেছে।

রোমান সাম্রাজ্যের গুরুত্বপূর্ণ বাণিজ্যিক রুট ঐতিহাসিক এই রোমান রোডের উভয় পাশের বিস্তৃষ্টগুলোকে রং করার ও প্রয়োজনীয় সংস্কার কাজ করে স্থানীয় বাসিন্দা ও ব্যবসা বাণিজ্যের জন্য এলাকাকে চাঙ্গা করে তুলতে উদ্যোগ নেয়ার জন্য মালিকদের উদ্বুদ্ধ করা হবে।

এ ধরনের উদ্যোগ নেয়ার জন্য স্থানীয় বাসিন্দারা কাউন্সিলে অনেক দিন ধরে লবি করে আসছিলেন। শেষ পর্যন্ত কাউন্সিল স্বউদ্যোগে পদক্ষেপ গ্রহণ করায় বাসিন্দারা এখন দারুণভাবে উৎফুল্ল।

রোমান রোড রেসিডেন্টস্ এন্ড বিজনেস এসোসিয়েশন (আরবিএ) এর টাবিখা স্ট্যাপলী বলেন, রোমান রোডের উন্নয়ন ও দৃষ্টি নন্দন করা সহ অনেকগুলো ইস্যু স্থানীয় বাসিন্দারা আমাদের কাছে তুলে থাকেন। বিশেষ করে জীর্ণ

ক্ষয়গ্রাস্ত বিস্তৃষ্ট, খালি পড়ে থাকা দোকান, অননুমোদিত ব্যবহার বিধি পরিবর্তন ও এস্টেট এজেন্টদের দৃষ্টি পীড়াদায়ক সাইনবোর্ড ইত্যাদি। আমাদের এই রাস্তার সামগ্রিক উন্নয়ন নিশ্চিত করতে আমরা কাউন্সিলের প্র্যানিং ডিপার্টমেন্টের সাথে ঘনিষ্ঠভাবে কাজ করে যাবো।

টাওয়ার হ্যামলেটস্ এবং এর টাউন সেন্টারগুলোকে অধিকতর উন্নত জনপদ হিসেবে গড়ে তোলার লক্ষ্যে কাউন্সিলের যে ভিশন, তারই অংশ হিসেবে এই পদক্ষেপ নেয়া হয়েছে। রোমান রোড এর ভবনগুলোকে আগের জৌলুসে ফিরিয়ে আনা হলে স্থানীয় বাসিন্দারা এই এলাকা নিয়ে যেমন গৌরব করবেন, তেমনি স্থানীয় ব্যবসা বাণিজ্যগুলো আরো সমৃদ্ধ হবে।

কাউন্সিল ৫২টি প্রোপার্টিকে চিহ্নিত করেছে এবং নির্ধারিত সময়সীমার মধ্যে এগুলোর উন্নয়ন ও বাহ্যিক সৌন্দর্য নিশ্চিত করার জন্য সংশ্লিষ্ট মালিকদেরকে চিঠি দেয়া হয়েছে। চিঠিতে বলা হয়েছে - সকল বেআইনী সাইন অপসারণ, যেখানে রং ওঠে গেছে, সেখানে যথাযথভাবে পুনরায় রং করা, বিস্তৃষ্টের গায়ে গজিয়ে ওঠার

আগাছা পরিষ্কার করা, দোকানের সামনের অংশ উন্নত করা ইত্যাদি।

মেয়র, লুৎফুর রহমান বলেন, আমরা সব সময়ই স্থানীয় জনসাধারণের অভিমত ও সুপারিশ গুরুত্বের সাথে শুন থাকি। বিশেষ করে রোমান রোডের ক্ষেত্রে এটা পরিষ্কার যে, স্থানীয় বাসিন্দারা চান তাদের এই রাস্তাটির চারপাশ যেন দেখতে সুন্দর হয়।

মেয়র আরো বলেন, এই এলাকাকে আরো সুন্দর ও পরিচ্ছন্ন করার এই উদ্যোগের ফলে এখানকার বাসিন্দা ও যারা এখানে কাজ বা ব্যবসা করেন, তাদের সকলের জন্য অনেক সুফল বয়ে আনবে।

ডেপুটি মেয়র এবং ইকনোমিক ডেভেলপমেন্ট বিষয়ক কেবিনেট মেম্বর, কাউন্সিলর ওলিউর রহমান বলেন, স্থানীয় বাসিন্দাদের কাছে সবচেয়ে প্রিয় রাস্তা হচ্ছে রোমান রোড, যা ইস্ট এন্ডের সত্যিকারের রক্ত হিসেবে পরিচিত। স্থানীয় বাসিন্দাদের চাহিদার কথা আমরা গুরুত্বের সাথে বিবেচনায় নিয়েছি এবং মূল্যবান এই রক্তকে পলিশ করার উদ্যোগ নিয়েছে আমরা।

ক্রিন বৃটেন সিলভার এওয়ার্ড পেলো কাউন্সিল

Council gets silver at Clean Britain Awards – issue 1039

বারাকে পরিষ্কার পরিচ্ছন্ন রাখার ক্ষেত্রে নানা উদ্ভাবনী উদ্যোগ নেয়ার স্বীকৃতি স্বরূপ অত্যন্ত মর্যাদাকর ক্রিন বৃটেন এওয়ার্ডের রৌপ্য পদক জিতেছে টাওয়ার হ্যামলেটস্ কাউন্সিল।

রাস্তা ঘাটের সর্বোচ্চ মানের পরিচ্ছন্নতা ও পরিবেশগত সমুন্নত রাখতে স্থানীয় কর্তৃপক্ষের প্রচেষ্টার স্বীকৃতি দিতে ক্রিন বৃটেন এওয়ার্ড প্রতি বছর এই পদক প্রদান করে থাকে।

জন মানুষের জীবন মান উন্নত করার পাশাপাশি অর্থনৈতিক উন্নয়ন ও সম্ভাবনাকে আরো সমৃদ্ধ করতে লকাল অথরিটি বা স্থানীয় কর্তৃপক্ষের পরিবেশগত উন্নয়নে যে প্রচেষ্টা চালিয়ে যাচ্ছে, গত ২৫ বছর ধরে তার মূল্যায়ন করে এওয়ার্ড দিয়ে আসছে ক্রিন বৃটেন সংস্থাটি।

স্ট্রিট ক্রিনিং বা রাস্তাগুলো পরিচ্ছন্ন রাখার ক্ষেত্রে নিজেদের অঙ্গিকার ও পদক্ষেপের কারণে টাওয়ার হ্যামলেটস্ কাউন্সিল জিতেছে

রৌপ্য পদক। কাউন্সিল এবং এর ক্রিনিং কন্ট্রাক্টর ভেওলিয়ার মধ্যকার শক্তিশালী পার্টনারশীপের আওতায় ফাইন্ড ইট-ফিক্স ইট-লাভ ইট এ্যাপ চালু করে এবং বিনগুলোতে কুইক রেসপন্স (কিউআর) কোড লাগিয়ে দ্রুততার সাথে আবর্জনা অপসারণে ডিজিটাল উদ্যোগ নিয়েছে টাওয়ার হ্যামলেটস্।

মেয়র লুৎফুর রহমান বলেন, বারাকে পরিচ্ছন্ন রাখতে যে কাজ করা হচ্ছে, তার জন্য আমি খুবই গর্বিত এবং এ জন্য ক্রিন বৃটেনের কাছ থেকে সিলভার এওয়ার্ড লাভ কাউন্সিলের কঠোর পরিশ্রমেরই জাতীয় স্বীকৃতি বলে আমি মনে করি।

কেবিনেট মেম্বর ফর ক্রিন এন্ড গ্রীণ, কাউন্সিলর শাহেদ আলী বলেন, সিলভার ক্রিন বৃটেন এওয়ার্ড জেতার পেছনে যাদের সম্পৃক্ততা রয়েছে, তাদের সকলকে অভিনন্দন জানাচ্ছি।

এটা নিঃসন্দেহে চমৎকার একটি অর্জন এবং টাওয়ার হ্যামলেটসের রাস্তাসমূহের পরিচ্ছন্নতার অনন্য স্বীকৃতি হচ্ছে এটি।

কাউন্সিলরা শাহেদ আলী আরো বলেন, রিপোর্ট করার এই উদ্ভাবনী পন্থা স্থানীয় জনসাধারণের কাছে খুবই জনপ্রিয় হয়েছে এবং রৌপ্য পদক জেতার ক্ষেত্রে এটি বিশেষ ভূমিকা রেখেছে।

এই ক্যাটাগরিতে স্বর্ণ পদক পেয়েছে নটিংহ্যাম সিটি কাউন্সিল (যাদের মোট জনসংখ্যা হচ্ছে ২ লক্ষাধিক) এবং ব্রোঞ্জ পেয়েছে এনফিল্ড কাউন্সিল।

চার্টার্ড ইন্সটিটিউট অব ওয়েস্ট ম্যানেজমেন্ট (সিআইভিইউএম) এর উদ্যোগে ক্রিন বৃটেন এওয়ার্ড বিতরণী অনুষ্ঠান গত ২৬ নভেম্বর বার্মিংহ্যামের ন্যাশনাল মোটরসাইকেল রয়েছে, তাদের সকলকে অভিনন্দন জানাচ্ছি।

More than 240 young people received awards at the council’s annual celebration



THAMES musicians entertained on the night



Medical student Tanvir Rafe



Guests enjoying the night

Perri celebrates the young achie

Olympic athlete Perri Shakes-Drayton was the star speaker



THE Mayor’s Education Achievement Ceremony saw young people aged 16 to 18 being presented with prizes for achievements in academic progress, academic excellence or contribution to the community or sixth form.

It has been yet another

successful year for education in Tower Hamlets. GCSE results once again outperformed the national average.

Tower Hamlets was placed in the top ten of all boroughs in the country for the proportion of students who go to university, and its school meals service was named the best in Britain.

It has also been a great 12 months for school buildings, with the new Bow School opening and the new-look Central Foundation Girls’ School being unveiled – meaning all 18 maintained secondaries have now been refurbished or rebuilt.

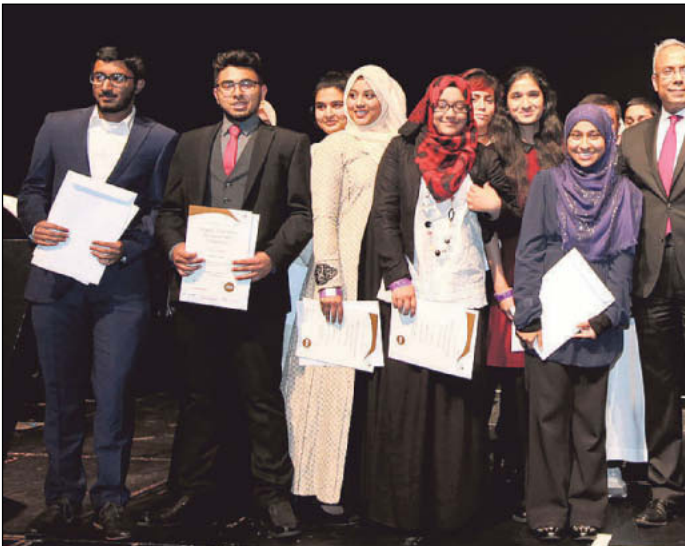
Mayor Lutfur Rahman said: “The students in this borough achieve great things, often despite the odds being stacked against them.

“This was a night to celebrate the wonderful achievements of these young people, and to encourage them to continue to work hard to reach their potential.”

Olympic 400m hurdler Perri Shakes-Drayton, from Bow, was guest



Mayor Lutfur Rahman and councillors Gulam Robbani and Shahed Ali with some of the winners



Winners in the Academic Excellence at Key Stage 5 with the ma

of education on Tuesday, November 25. **Ian Read** reports. Photos by **Kois Miah**.



Winners take a group selfie with the mayor



Perri with two students



A guest listens to a speaker

with evers

speaker at the event. She urged young people to work hard and not let poverty be a barrier to success.

She said afterwards: "It's nice to come back and celebrate with our youngsters who are out there achieving and to wish them all the best for the future."

Tanvir Rafe, who left St Paul's Way Trust

School last year and is now studying medicine at Oxford University, was the young speaker for the night.

He told the audience that, in Tower Hamlets, young people are given the support they need to achieve what they want.

Cllr Gulam Robbani, cabinet member for education and children's services, was compere for the night.

He said: "The Mayor's Education Achievement Ceremony is the showpiece occasion, and for many is the highlight of the education calendar.

"Young people in Tower Hamlets work tremendously hard and it is thanks to their efforts that the borough has such a strong reputation for education."

In total more than 700 people attended the event at the Troxy, including students, parents, teachers and governors.



Young guests at the ceremony



Two friends enjoying the atmosphere



Mayor and Cllr Shafiquel Haque



Students who made most progress at Key Stage 5 with the mayor and Cllr Abdul Asad

Vintage Hitchcock

Artist Darren Coffield used Alfred Hitchcock's 1960 film Psycho as the basis for his latest exhibition.

SEE BELOW



Disability History Month

This year's programme focused on raising awareness of the links between war and impairment. Pictured left is The Wheelchair From Hell, who performs at the 'sit down' comedy performance.

FOR MORE INFORMATION SEE WWW.UKDHM.ORG

Out & about guide

What's on where this week

Dance

Argentinian tango E14

Class. Sat 1-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14.
7538 3852

Ballroom/Latin American

Fri, 1.45-3.45pm, £5, free refreshments. No beginners. Kingsley Hall, Powis Road, E3.
8550 1392

Brazilian dance aerobic classes

Weds 9-10am & Thurs, 1-2pm. Free. Alpha Grove Centre, Isle of Dogs, E14
7538 1714

Energize4Girlz

South African gumboot dancing. Every other Saturday from 11am-12.30pm. St Pauls Shadwell Church, 302 The Highway, E1.
energize4girlzdance@gmail.com

Green Candle Senior Dance

Over-60s, no experience is necessary. Tues, 10.30am-12.30pm, one free taster session. Oxford House, Derbyshire Street, E2.
7739 7722

Salsa

For dancers of all experience, beginners welcome, followed by dancing until midnight. Prices vary. Free first class for

ladies.

Every Weds, 7.30-9.30pm. The Urban Bar, 176 Whitechapel Road, E1.
07932 658861

Swing Dance

All ability levels welcome. Every Fri, 7-9pm. £7 per person or £10 for a lead/follow couple. The Hall, St Margaret's House, 21 Old Ford Road, E2.
8980 2092

Zumba classes

Every Tues 11.15am-12.15pm. Healthy living sessions every Fri, 11am-3pm. St Matthias Community Centre, 113 Poplar High St, E14.
7515 8362

Kids

Ballet for children

Every Thurs. Ages 2 fh-3 1/2 years, 2-2.30pm; 4-6 years, 4.45-5.15pm. Alpha Grove Community Centre, Isle of Dogs, E14.
nina.monteiro@hotmail.com

Deaf after school club

For ages 5-12. Mon-Fri, 4-6pm. Tower Project, 45-55 White Horse Road, E1.
naima@towerproject.org.uk
7790 9085

Kids' Creative Dance Classes

Mini-movers, 2-3yrs; leaps and strides I, 4-5yrs; leaps and strides II, 5-6yrs; dash, 7-11yrs. Sat mornings. £44-49.50 per

term or £4.50/£5 per term, plus concessions.

Chisenhale Dance Space, 64-84 Chisenhale Road, E3
8981 6617
chisenhaledancespace.co.uk

Pollyanna Training Theatre

Drama and musical theatre for ages 4-16 in Wapping, E1.
7481 1911

Rhyme time

Thurs, 2-3 pm. Watney Market Library, 30-32 Watney Market, E1.
7790 4039

Young & talented?

Performing arts group for 6-to 16-year olds. Sats, 10.30am- 1.30pm, term-time. Oxford House, Derbyshire Street, E2.
8556 5348

Social

3 Bees Café

Healthy vegetarian and fish dish, served for just £3, takeaways available. Tuesdays, 4-8pm. Kingsley Hall Community Centre, Powis Road, E3.
07501 468 193

Globe Town bingo club

Pensioners group with bingo and social activities. Thursdays, doors open 12pm. Bingo 2-4pm. Globe Town Community Centre, Bullards Place, E2.
07939 965141



THIS dramatic shot of the skies over Whitechapel by photographer Hazuan Hashim forms part of a new exhibition of paintings, sculpture, photography and ceramics by local artists Hashim, James Foot, Teresa Witz, Theresa Edwards and Wallace McDougall. Pieces will be available to buy at the show, which runs from Thursday, December 18 until Sunday, December 21 at The Shop, 71a Vallance Road, E1. Doors open from 6-9pm on the opening night and from 11am-9pm every other day. Call 7247 7907.

Comedy

'Sit down' comedy workshop and performance

With The Wheelchair From Hell, Kate Caryer and Angry Fish. BSL interpreted. Part of Disability History Month. Sat, Dec 13, 2.30pm, 7pm. Tour £3, £1.50 concessions. The House Mill, Three Mill Lane, Bromley-by-Bow, E3.
www.together2012.org.uk

Events

Vast White Stillness

Part art installation, part live performance by Claudia Molitor and Dan Ayling for Spitalfields Winter Music Festival. Sat, Dec 13 & Sun, Dec 14. Seven shows a day, Toynbee Studios, 29 Commercial Street, E1.
7377 1362

Kristmas Karaoke

Scottee teams up with Bourgeois & Maurice for three nights of karaoke-related fun. Dec 15-17, 7.30pm. £16, £13 adv. Bethnal Green Working Men's Club, 42 Pollard Row, E2.
www.kristmaskaraoke.co.uk

Exhibitions

All Things Bright and Beautiful, All Creatures Great and Small

Exhibition exploring the work of artists who have shown at the gallery during its first year. Until Jan 17. Leyden Gallery, 9/9a Leyden Street, E1.

Darren Coffield: Psycho

Paintings and ceramics taking Alfred Hitchcock's classic film Psycho as their starting point. Until Dec 24.

The Residence, 229 Victoria Park Road, E9.

Film

One Rogue Reporter

Former tabloid hack Rich Peppiatt's 60-minute film aims to expose what he sees as the hypocrisy in modern journalism. A Q&A follows. Thurs, Dec 11, 7.30pm. £7. Genesis Cinema, 93-95 Mile End Road, E1.
www.genescinema.co.uk

Music

Voice Energy Project:

A Christmas Concert

Festive singalong; funds go to the Alzheimer's Society. Sun, Dec 14. £5. The Gallery Café, 21 Old Ford Road, E2.
8983 3624



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TUESDAY 16 DECEMBER / 5.30PM & 7.30PM / EAST WINTERGARDEN / FREE*

INTERNATIONAL WINTER LIGHTS

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*FOR MORE INFORMATION VISIT CANARYWHARF.COM
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Booking fees apply. All details correct at time of press.

New Year's party at Rich Mix

Tickets for the Tropicalista New Year's Eve party at Rich Mix – featuring Grupo Lokito, Movimientos, Spiritual South and Tropical Beats – are £5 cheaper if booked in advance.

CALL RICH MIX BOX OFFICE ON 7613 7498

Trout of this world

Debutant author Peter Kennedy is set to give a reading in Bethnal Green from his book, Fishermen's Tales.

SEE BELOW

Out & About



Grupo Lokito will be playing at Tropicalista NYE 2014

Get in the Mix this New Year

BY JAMES MARTIN

THE Tropicalista New Year's Eve party returns to Rich Mix later this month, promising an edgy evening featuring a variety of entertainment and musical influences.

Latin, African and tropical vibes all feature on a night with live performances and DJ sets.

Headliner for the evening is Grupo Lokito, who mix Congolese Soukous and Cuban Salsa sounds in their live performances.

The night, starting at 9pm on Wednesday, December 31, is co-hosted by Movimientos, a Latin American focused live and club event promoter,

agency and record label. Cal Jader and Russ Jones are host DJs who will help visitors welcome in the New Year in style.

Special guests Spiritual South and Tropical Beats will also be on the decks.

The Bethnal Green arts venue will turn into a paradise of illumination, moving image, costume, exotic decoration, with the Abelha Cachaça Brazilian cocktail shack providing refreshments.

Tropicalista NYE 2014 runs until 4am on New Year's Day.

Rich Mix is at 35-47 Bethnal Green Road, E1.

Tickets are £15 in advance or £20 on the door. To buy, call the box office on 7613 7498.

For more information, visit www.movimientos.org.uk

News in brief

£141m for arts hub

EAST London has received a regeneration boost with the news that £141m from the Treasury will be committed to the creation of a new hub for arts on the Olympics site.

A Sadler's Wells dance theatre, a V&A museum and exhibition space plus two university campuses dedicated to arts are to be built.

Modern Nativity

A MODERN twist on the Nativity story is coming to the stage at Oxford House Theatre in Bethnal Green.

Imagine, which runs from Friday, December 12 to Sunday, December 14, looks at contemporary ideas of faith and values. It tells the tale of how Jesus' birth would have been received in today's world of social media.

Tickets are £13.50 (if booked online) or £15 on the door.

Performances start at 7.30pm on Friday, Saturday and Sunday.

For tickets visit www.oxfordhouse.org.uk

Festive sing-a-long

FUN-loving residents can start warming up their vocal chords for three days of Christmas karaoke hosted by Bethnal Green Working Men's Club.

Taking place on December 15 to 17, the event at the club at 42 Pollard Row will also feature cabaret performances. Visit www.kristmaskaraoke.co.uk

Find your voice

A COMMUNITY project with a passion for music will host a charity Christmas concert this Sunday, December 14.

The Voice Energy project, based at St Margaret's House in Bethnal Green, meets regularly to sing gospel, folk and Christmas songs from all over the world.

The concert is in aid of the Alzheimer's Society and takes place at the Gallery Café, Old Ford Road, Bethnal Green from 7pm.

Call Michaela on 07772 373 391 or visit www.thevoiceenergy.wix.com/London

A LONG-TIME Tower Hamlets resident who spent seven years writing his debut book is set to give a reading of his published work during an evening of stories and song in Bethnal Green.

Peter Kennedy, who has lived in Poplar for 16 years, recently self-published his book titled Fishermen's Tales.

Set in a fishing village in the North East in the late 17th and early 18th centuries, Fishermen's Tales tells of residents facing the trials and tribulations of the plague as it spreads throughout the country.

The author, who is an English teacher, describes his work as "a collection of short stories all refracted through a fairytale prism, like the Brothers Grimm."

Kennedy is set to give a reading from the story at Winter's Tales, an evening event at St John on Bethnal Green Church, 200 Cambridge Heath Road, from 8pm on Thursday, December 18.

For more details see www.stjohnonbethnalgreen.org and for more about Fishermen's Tales visit <http://fishermens-tales.wix.com/2014>



Poplar English teacher and keen fisherman and author, Peter Kennedy

Wilton's a cracker!

A GOOD old fashioned knees-up is on the cards at Wilton's Music Hall next week – something of a not-very-dry run for the historic venue's New Year's bash.

The Mahogany Bar, upstairs in the Grade II listed building, is hosting an evening of traditional Cockney sing-a-longs on Friday, December 15.

Festive ditties begin at 8pm along with songs from the music hall era, both World Wars and the West End stage.

Mulled wine will also be served at the free event, hosted by Tom Carradine, London cabaret compère Champagne Charlie and special guests.

Wilton's – which first opened in 1859 – is throwing open its doors for its first New Year's Eve party in five years.

Attendees will be able to watch the final performance of Mrs Hudson's Christmas Corker, a production which uses Sherlock Holmes' kitchen at 221b Baker Street as its inspiration.

For an extra tenner, show-goers will gain access to Wilton's auditorium and Mahogany Bar until 2am.

On sale will be a seasonal drinks menu, East End inspired snacks, a gramophone DJ and dancing, along with a midnight countdown 'live' from The Elizabeth Tower and Big Ben. Vintage dress is being encouraged, although not compulsory.

Mrs Hudson's Christmas Corker is performed at 7.30pm and tickets start at £20.

Wilton's is at 1 Graces Alley, E1. For more details, call 7702 2789 or visit www.wiltons.org.uk





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Eating out, eating in

Feline hungry? Dinah's is the cat's whiskers

BY GORDON BLUE

AS my wise editor pointed out, cats and dining don't necessarily go together. However the bright young things at Lady Dinah's have got it licked (no more I promise).

The setting is Shoreditch and the concept is genius, inspired by far eastern nations – a café that revolves around our feline friends rather than around us.

It's a bang-up-to-date concept for rescue centres, marrying excellence in animal welfare with, I'm relieved to say, catering.

I was happily surprised with my luscious latte and my smoked salmon cream cheese bagel, jollied along with a well-dressed salad incorporating pumpkin and sunflower seeds.

The service was speedy and friendly and I couldn't think of anywhere I'd rather be on a dreary Friday morning at 9am (that's the popularity of this place, even booking weeks in advance) than among purring pussies and tiny kittens. Just when that couldn't sound cuter, try twin



Lady Dinah's combines food and felines

baby kittens. You know when something is so cute your heart can't bear it and you have to look away to recover? Well, that happened on numerous occasions.

There's something so joyful about the concept, the creativity and excellence with which it is executed, I'd defy the stoniest of hearts not to feel lifted.

There's a charge of a fiver each to help support the cats' care and

the food is slightly on the pricey side. But it's all for a good cause and, because of the quality, feels fair.

Customers were visibly cheered by cats and kittens playing and you're encouraged to join in with provision of toys and games.

It's child friendly too and a great way for a family to while away a couple of hours.

Two ate a solid brunch, washed down with lattes and juice, for just over £30 in total.

When it comes to innovative business and fusing café culture with animal welfare, Lady Dinah's really is the cat's whiskers (sorry).

Online booking only, at www.ladydinahs.com
Lady Dinah's is at 152-154 Bethnal Green Road, E2.

A fresh take on an old chestnut

AS the first charity to create awareness of the link between diet and cancer risk, World Cancer Research Fund produces all kinds of healthy recipes – including offerings for the free Great Grub Club, free for 4 to 7-year-olds.

On joining, kids receive the Passport to Good Health membership pack and a free quarterly magazine to help them develop healthy habits. For more information visit

www.greatgrubclub.com or to sign up call 7343 4200 or email foodsmart@wcrf.org.

Make the most of seasonal produce with this chestnut loaf.

It's the perfect comfort food for a cold day, filling and fragrant with herbs, this tastes great – especially when served with tomato relish.

This delicious recipe uses chestnuts, which are lower in fat than other nuts.

Provides one of your FIVE A DAY.

Chestnut loaf – serves several

Ingredients

1 tsp olive oil
1 medium onion, finely chopped
1 crushed garlic clove
225g vacuum-packed cooked, peeled chestnuts

225g can chopped tomatoes
100g wholemeal breadcrumbs
1 stick celery, chopped
100g mushrooms, chopped
2 tbsp freshly chopped sage
Sprig of parsley to decorate
Tomato relish to serve

Method

1. Preheat the oven to 200C/400F/ Gas Mark 6 and line a 1lb loaf tin with greaseproof paper.
2. Pour the olive oil into a thick-based saucepan and cook the chopped onion and garlic on a medium heat for five minutes.
3. Once the onion has softened, add the chestnuts, chopped tomatoes, breadcrumbs, celery,

mushrooms and sage to the pan.
4. Stir well to partially break up the chestnuts, then spoon into the tin, pressing down firmly.
5. Bake for one hour, until golden brown and firm.
6. Loosen the edges of the loaf with a knife, then gently turn out on to a serving plate. Decorate with parsley and serve in wedges with tomato relish.

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New roof is taking shape

When complete, the new roof being lifted into place at the Queen Elizabeth Olympic Park stadium will be twice the size of the original at around 45,000 square metres.

SEE BELOW

It's a gift

The Horticultural Trades Association runs the National Garden Gift Voucher scheme.

Property

Christmas scent in your garden

The Horticultural Trades Association plant of the month

DECEMBER is a time when the garden is dormant, but there are still plenty of plants and shrubs you can buy to bring life to your growing space.

A fragrant plant for the garden at this time of year is the evergreen shrub *sarcococca*, the Horticultural Trades Association's (HTA) plant of the month.

Commonly known as 'Sweet Box' or 'Christmas Box', with its delicate white flowers that bloom over winter and early spring, this is the perfect plant to bring the scent of Christmas to your garden.

This shrub is perfect planted by the edge of a path or close to the front door, where its vanilla scent and glossy green foliage can be fully appreciated.

This winter-flowering, dense, evergreen shrub is perfect for companion planting with other winter gems such as hellebores and cyclamen.

Sarcococca makes a great addition to a winter garden as it's a tough, reliable plant that is very easy to grow.

Perfect for a border, in containers or as ground cover it will grow well in shade. It grows



The *sarcococca* plant

slowly and gradually to form low-growing mounds of evergreen foliage and also has red and black berries once flowering has finished.

Sarcococca confusa is a species of flowering plant in the Buxaceae family and is ideal for neat, clipped edging borders and works well in containers. It is fully hardy, compact and will eventually form a dense thicket.

Recommended varieties to plant include: *sarcococca confusa*; *sarcococca hookeriana digyna* purple stem; *sarcococca hookeriana hookeriana* ghorepani and *sarcococca ruscifolia chinensis* dragon gate.

Raising the roof

BY STAFF REPORTER

THE first piece of roof panelling has been lifted into place at the stadium in Queen Elizabeth Olympic Park.

Developers say it is a major milestone towards the stadium becoming a year-round multi-use venue to deliver a sporting, cultural and community legacy in east London.

The 4.4 sq m roof panel is the first of almost 10,000 to be fitted to the stadium. When complete, the new roof will be twice the size of the original at around 45,000 square metres.

At 84 metres at its deepest point, it will be the longest cantilevered roof of its type in the world. It will cover every seat in the stadium, improving acoustics and the spectator experience for football matches,

other sporting events and concerts.

Work on the roof, and brand new floodlights that it will support, will be completed ahead of the five Rugby World Cup matches taking place in the stadium in 2015.

The venue will become the permanent home of West Ham United football club and the new national competition centre for UK athletics in 2016.

£70,000 to produce a work of art

THE owner of private rented, former athletes' homes at East Village in the Olympic Park has launched a competition to commission a large scale work of art with a £70,000 budget.

The commission will seek inspiration from the triangular atrium at Vesta House, situated in the centre of East Village. Rising over 13 floors, the 38m tall space provides a backdrop for the installation.

Neil Young, chief executive of Get Living London, said: "There is an important link between providing inspiring art and our residents' quality of life."

"With this competition, we hope to find a truly unique work of art that will provide a centrepiece for the atrium at Vesta House."

Artists must submit their work before January 2. A panel of arts industry experts and Get Living London team members familiar with the building will judge the entries.

A winner will be selected and installation of the work will begin in May 2015.

Any medium will be considered as long as it's practical. Sculpture, lighting, digital, textiles and wall drawings are all welcome.

Visit www.getlivinglondon.com/VestaHouseArtistBrief_final.pdf to view the full brief.



VOLUNTEERS will be at Spitalfields Market from December 15-19 taking donations from passers-by in support of homelessness charity Providence Row. School children will be singing Christmas carols at lunchtime to show their support for the charity, which works with people to build skills and confidence, helping them to get off, and stay off, the streets. The charity's social enterprise bakery will be at the market selling treats between 12pm-2pm each day.

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You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

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website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet '**Support Charges in long term Supporting People Services**'. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised
is available at One Stop Shops &
Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
D Easy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
G Not assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on 020 7364 0204 / 0206 / 0209.



1. Internet Bidding
Just log on to www.thhs.org.uk



2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer


























Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to 3 bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

 <p>SHELTERED Accessible Category E JOHN TUCKER HOUSE, MELLISH STREET, E14 Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted</p> <p>Eligibility : Min Client Age 60</p> <p>£177.25, Weekly - Social Rent Landlord: Gateway Housing Association</p> <p>Property Ref: 31073</p>	 <p>OVER 50's Accessible Category F MELWOOD HOUSE, WATNEY MARKET, E1 Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>Eligibility : Min Client Age 50</p> <p>£125.58, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 31081</p>	 <p>BEDSIT SELF-CONTAINED FLAT Accessible Category F SOLANDER GARDENS, LOWOOD STREET, E1 Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Pets permitted</p> <p>£91.29, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 31058</p>	 <p>1 BEDROOM Accessible Category G STEPNEY GREEN COURT BLOCK D, STEPNEY GREEN, E1 Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted • Fixed Term • 12 month starter tenancy followed by a fixed term tenancy of 5 years</p> <p>£112.70, Weekly - Social Rent Landlord: Industrial Dwellings Society</p> <p>Property Ref: 31085</p>	 <p>1 BEDROOM Accessible Category F SHEARSMITH HOUSE, HINDMARSH CLOSE, E1 Flat • 1 Bed 2 Person • 15th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Check parking on viewing • Pets with landlords permission</p> <p>£124.62, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 31057</p>
 <p>1 BEDROOM Accessible Category F GALLEON HOUSE, GLENGARNOCK AVENUE, E14 Maisonette • 1 Bed 2 Person • 5th floor • Separate Kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission</p> <p>£118.52, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 31068</p>	 <p>1 BEDROOM Accessible Category E DAGMAR COURT, MANCHESTER ROAD, E14 Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Check parking on viewing • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years except for those currently holding a Secure or an Assured social housing tenancy.</p> <p>£143.16, Weekly - Social Rent Landlord: One Housing Group</p> <p>Property Ref: 31061</p>	 <p>1 BEDROOM Accessible Category G PHOENIX COURT, MAST HOUSE TERRACE, E14 Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Pets not permitted</p> <p>£140.92, Weekly - Social Rent Landlord: East Thames Group</p> <p>Property Ref: 31091</p>	 <p>1 BEDROOM Accessible Category F GRUNDY STREET, E14 Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy</p> <p>£124.14, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 31072</p>	 <p>1 BEDROOM Accessible Category G GUINEA POINT, REPTON STREET, E14 Flat • 1 Bed 2 Person • 4th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • Balcony • Car free home • Pets not permitted</p> <p>£140.57, Weekly - Social Rent Landlord: Newlon HA</p> <p>Property Ref: 31082</p>
 <p>1 BEDROOM Accessible Category D MILLHARBOUR, E14 Flat • 1 Bed 1 Person • 7th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or an Assured social housing tenancy</p> <p>£154.31, Weekly - Social Rent Landlord: Swan Housing Association</p> <p>Property Ref: 31075</p>	 <p>1 BEDROOM Accessible Category E HOLMAN HOUSE, ROMAN ROAD, E2 Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£109.35, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 31064</p>	 <p>1 BEDROOM Accessible Category F BRIERLY GARDENS, E2 Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£108.43, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 31087</p>	 <p>1 BEDROOM Accessible Category F WHITTON WALK, E3 Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£109.64, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 31084</p>	 <p>1 BEDROOM Accessible Category F TOWERGATE HOUSE, ORDELL ROAD, E3 Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Pets not permitted • One week's advance rent or a completed housing benefit form required at sign up of tenancy</p> <p>£128.95, Weekly - Social Rent Landlord: Southern Housing Group</p> <p>Property Ref: 31074</p>
 <p>1 BEDROOM Accessible Category G TOWERGATE HOUSE, ORDELL ROAD, E3 Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • One week's advance rent or a completed housing benefit form required at sign up of tenancy</p> <p>£128.95, Weekly - Social Rent Landlord: Southern Housing Group</p> <p>Property Ref: 31080</p>	 <p>1 BEDROOM Accessible Category F PRIESTMAN POINT, RAINHILL WAY, E3 Flat • 1 Bed 2 Person • 12th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or an Assured social housing tenancy .</p> <p>£139.09, Weekly - Social Rent Landlord: Swan Housing Association</p> <p>Property Ref: 31071</p>	 <p>1 BEDROOM Accessible Category F CONISTON HOUSE, SOUTHERN GROVE, E3 Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission</p> <p>£116.86, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 31056</p>	 <p>2 BEDROOMS Accessible Category G BRICK LANE, E1 Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted</p> <p>£146.08, Weekly - Social Rent Landlord: Spitalfields HA</p> <p>Property Ref: 31054</p>	 <p>2 BEDROOMS Accessible Category F PEABODY BUILDINGS BLOCK G, JOHN FISHER STREET, E1 Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • 12 month starter tenancy followed by a fixed term tenancy of 5 years • One week's advance rent required at sign up of tenancy</p> <p>£134.35, Weekly - Social Rent Landlord: Peabody</p> <p>Property Ref: 31086</p>
 <p>2 BEDROOMS Accessible Category F GARNET STREET, E1W Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted</p> <p>£141.79, Weekly - Social Rent Landlord: Spitalfields HA</p> <p>Property Ref: 31055</p>	 <p>2 BEDROOMS Accessible Category F SEBRIGHT HOUSE, COATE STREET, E2 Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted</p> <p>£137.36, Weekly - Social Rent Landlord: Tower Hamlets Community Housing</p> <p>Property Ref: 31069</p>	 <p>2 BEDROOMS Accessible Category F CHEVERELL HOUSE, TEALE STREET, E2 Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted</p> <p>£133.50, Weekly - Social Rent Landlord: Spitalfields HA</p> <p>Property Ref: 31065</p>	 <p>2 BEDROOMS Accessible Category F MAITLAND HOUSE, BISHOPS WAY, E2 Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£124.96, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 31059</p>	 <p>2 BEDROOMS Accessible Category F LUNAN HOUSE, SHETLAND ROAD, E3 Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets permitted</p> <p>£131.01, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 31067</p>



3 BEDROOMS
Accessible Category F
STEPNEY GREEN, E1

Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Private garden • Pets permitted

£135.46, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 31079



3 BEDROOMS
Accessible Category F
BLOOMFIELD HOUSE, OLD MONTAGUE STREET, E1

Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Private garden • Pets permitted

Eligibility : Transfer List

£140.93, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 31060



3 BEDROOMS
Accessible Category F
BRION PLACE, E14

Flat • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Balcony • Permit parking • Pets with landlords permission • One week's advance rent required at sign up of tenancy

£152.75, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 31090



3 BEDROOMS
Accessible Category F
WINE CLOSE, E1W

House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets permitted

£142.32, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 31063



4 BEDROOMS
Accessible Category F
MARDEN HOUSE, PEMBURY ESTATE, E8

Flat • 4 Bed 7 Person • 2nd floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term • 12 month starter tenancy followed by a fixed term tenancy of 5 years • Property in LB Hackney

£149.68, Weekly - Social Rent
Landlord: Peabody

Property Ref: 31088

AFFORDABLE RENT PROPERTIES



AFFORDABLE RENT
Accessible Category F
GROVE DWELLINGS, ADELINA GROVE, E1

Flat • 2 Bed 3 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

£203.07, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 31078



AFFORDABLE RENT
Accessible Category F
EAST INDIA DOCK ROAD, E14

Flat • 1 Bed 2 Person • Basement • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 2-5 years • Electric only - no gas in property

£191.47, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 31089



AFFORDABLE RENT
Accessible Category F
SAILORS PALACE, COMMERCIAL ROAD, E14

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • No Lift • Entryphone • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years • Check parking on viewing

£191.47, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 31083



AFFORDABLE RENT
Accessible Category G
BRADBEER HOUSE, CORNWALL AVENUE, E2

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 6 years which includes a 12 - 18 month probationary tenancy • One week's advance rent required at sign up of tenancy

£209.00, Weekly - Affordable Rent
Landlord: Affinity Sutton

Property Ref: 31062



AFFORDABLE RENT
Accessible Category G
TAIT COURT, ST STEPHENS ROAD, E3

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

Eligibility : Min Client Age 50

£182.66, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 31076



AFFORDABLE RENT
Accessible Category F
TAIT COURT, ST STEPHENS ROAD, E3

Flat • 1 Bed 2 Person • 5th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

Eligibility : Min Client Age 50

£181.96, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 31077



AFFORDABLE RENT
Accessible Category G
CLARE HOUSE, HAWTHORN AVENUE, E3

Flat • 1 Bed 2 Person • 11th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Check heating on viewing • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£205.98, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 31070

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



1 Internet Bidding - Just log on to www.thhs.org.uk



2 Telephone Bidding - Simply call 0845 270 2400

REMINDER

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



Performance and Data Manager

Education Social Care & Wellbeing Directorate
Ref: ESW00341 | Closing date: 15/12/2014

£40,911 – £43,584
per annum

Working Start Project Manager - Women into Health and Childcare

Development & Renewal Directorate
Ref: DEV00439 | Closing date: 14/12/2014

£35,406 – £38,229
per annum

Whitechapel Delivery Project Support Officer

Development & Renewal Directorate
Ref: DEV00489 | Closing date: 16/12/2014

£28,224 – £29,868
per annum

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.



INVESTORS
IN PEOPLE | Silver



Osmani Trust Vacancies



The Osmani Trust is a youth and community organisation based in the heart of Tower Hamlets. The Trust offers a wide range of community, health and sporting initiatives tailored to meet the needs of the local community. It aims to provide a holistic service, which helps people, particularly those living in disadvantaged urban communities to re-engage with mainstream society and improve their quality of life.

We are looking to fill the following positions:

Centre Manager (Premises & Events) – Ref: OT1

F/T – 37.5 hours per week
Salary: £25,000 - £27,000 per annum (inclusive of ILW) depending on skills and experience

Events and Premises Officer – Ref: OT2

P/T – 25 hours per week (Evening & Weekends)
Salary: £11,000 per annum (inclusive of ILW) depending on skills and experience

Events and Premises Officer – x 2 Positions – Ref: OT3

P/T Locum Pool – up to 15 hours per week (Shift work including evenings & weekends)
Salary: £7.00 per hour

Finance & HR Administrator and Receptionist – Ref: OT4

F/T – 37.5 hours per week
Salary: £17,000 per annum

Health Trainer – Ref: OT5

F/T – 37.5 hours a week (maternity cover)
Salary: £18,525 - £21,918 per annum (inclusive of ILW) depending on skills and experience
Contract: 12 month contract for maternity cover

Fundraising Intern – Ref: OT6

P/T – 20 hours per week (volunteer with expenses covered)
Potential to secure employment with performance related fundraising/income generation
Contract: Until December 2015

All Contracts: Until 31st March 2016 (Renewable subject to funding and performance) unless otherwise stated.

Closing date for all applications: 29/12/2014 – 5pm

For more information and to apply for these and other career opportunities, please visit the Osmani Trust website www.osmanitrust.org

Tower Hamlets Apprenticeship Programme

Skillsmatch
INNOVATION IN JOB BROKERAGE

The apprenticeships on offer:

Level 2 Apprenticeship in Business and Administration
(Ref No: RES00267)

Level 2 Apprenticeship in Youth Work
(Ref No: RES00268)

Level 2 Apprenticeship in Health and Social Care
(Ref No: RES00269)

The council is now recruiting for its apprenticeship scheme. This 12 month scheme offers a great opportunity for any young person who would like to achieve a nationally recognised qualification whilst gaining valuable work experience. Successful candidates will be placed in teams across the council.

LBTH are asking for the following entry criteria:

- be a resident of the borough
- be aged between 16–24 years old (17-24 for Youth Work)
- have grade D or above in GCSE English and grade E or above in GCSE Maths (or equivalent)
- must not hold a degree or level 4 qualifications
- be committed to the council's core values of achieving results, engaging with others, valuing diversity and learning effectively.

Programme benefits include:

- An opportunity to gain a nationally recognised vocational qualification
- A 12 month fixed term contract

- 30 hours per week @ £8.81 per hour
- 21 days annual leave per annum.

We want this programme to represent all our community groups and we positively encourage people with disabilities to apply. A DBS enhanced disclosure that is satisfactory to us will be a condition of appointment for some of the roles.

Assessments: January/February 2015
Interviews: 16, 17 & 18 February 2015
Programme start date: 16 March 2015

To apply for these opportunities or for further information please ring Skillsmatch on 020 7364 0626 no later than 12pm on 9 January 2015.



MAYOR OF
TOWER HAMLETS



INVESTORS
IN PEOPLE | Silver

Smart Training

Boost your employment chances with a training course

Aged 16-24 and looking to get started in a career? Then study free of charge* for the Traineeship Programme with Smart Training.

- Study for a Certificate in Work Skills
- Complete a high quality work placement
- Get tuition in English and Maths
- Improve your CV writing and interview skills.

Training is weekly in East London and you can keep any benefits you're entitled to.

*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years to be eligible.

Traineeships

Interested? Apply now – text SMART to 80800, email start@smart-training.com, phone 0845 177 0695 or see www.smart-training.com/jobsandadvice

Office Manager sought for children's charity, based near Liverpool St Station. Competitive salary offered for up to 25 hours per week, with flexible working hours by mutual agreement.

For further details and a job description please email mike.coleman@transformationtrust.org.uk or call 020 7148 0934.

Closing date for applications 31/12/14.

PERSONAL SUPPORT WORKER

Required by young disabled man for support with personal care and access to leisure activities in Tower Hamlets.

£11 an hour for 11 hours a week (spread over 4 days).

For further details please email:

awdp2.recruitment@gmail.com or write to

Ref. AW117 Real, 1st Floor Jack Dash House, 2 Lawn House Close, London E14 9YQ

Closing date: 5pm 22 December 2014 • Interviews: Early January

FEMALE (Sylheti Speaking) PERSONAL ASSISTANT REQUIRED

Must also be fluent in English, to support an independent woman with personal care, domestic support, accessing the community and appointments using a wheelchair, and also helping her to prepare and cook meals.

Must have experience.

Tower Hamlets, £8.80 per hour for 23 hours 45 minutes per week (job share may be possible)

You can download the application pack from www.real.org.uk/MB005 or write to

Ref. MB005, Real, 1st Floor Jack Dash House, 2 Lawn House Close, London E14 9YQ

Closing date: 5pm Monday 22nd December 2014

Interviews: To be arranged



ADMIN ASSISTANT

£19,500 to £25,100, full-time, permanent

We are looking for a motivated and experienced person to support a team of directors and assist the PA to the Chief Executive. This is an important role which requires good administrative, organisational and planning skills.

The closing date for applications is 9am on Monday 15 December. Interviews will take place on Thursday 18 December.

To apply, visit youngfoundation.org/about-us/people/vacancies

**Did you know...
you could advertise
here for as little as
£72 + VAT?
call...**

**Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061**

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – PIXLEY STREET E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Pixley Street between its junction with Burdett Road and its junction with Copenhagen Place.

The restriction on vehicular traf-

fic will enable essential works to be carried out on the public highway by Cobra Traffic Management.

The alternative route for vehicular traffic will be via Burdett Road, Agnes Street and Copenhagen Place and vice versa.

The restriction on vehicular traffic will operate on the following weekdays when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002:

- On Tuesday 6th January 2015 from 08:00 hours until 18:00 hours;
- On Tuesday 13th January 2015 from 08:00 hours until 18:00 hours;
- On Tuesday 20th January 2015 from 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Transport and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 8th December 2014

**JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

PUBLIC NOTICE

GOODS VEHICLE OPERATOR'S LICENCE

London Borough of Tower Hamlets of 1 Silvocea Way, Blackwall, London E14 0JJ is applying to change an existing licence as follows:

To add an Operating Centre to keep 4 vehicles and 0 trailers at rear parking area at 20 Three Colt Street, Limehouse, London E14 8HJ

Owners or occupiers of land (including buildings) near the operating centre who believe that their use or enjoyment that land would be affected, should make written representations to the Traffic Commissioner at: Hillcrest House, 386 Harehills Lane, Leeds LS9 6NF stating their reasons, within 21 days of this notice.

Representors must at the same time send a copy of their representations to the applicant at the address given at the top of this notice.

A guide to making representations is available from the Traffic Commissioner's office

LONDON BOROUGH OF TOWER HAMLETS

The Tower Hamlets (Waiting and Loading Restrictions) (No.1) Order 2012 (Amendment No.16) Order 2014 No.91

The Tower Hamlets (Temporary Waiting and Loading Restrictions) (No.1) Order 2013 (Amendment No.2) Order 2014 No.92

The Tower Hamlets (D1 Parking Places) (No.1) Order 2011 (Amendment No 7) Order 2014 No.93

The Tower Hamlets (Free Parking Places) (General Use – Disabled Persons) (No 1) Order 2010 (Amendment No.6) Order 2014 No 94.

The Tower Hamlets (Goods Vehicle Loading bays) (No.1) Experimental Order 2012 (Amendment No 1) Order 2014 No.95

The Tower Hamlets (B1 Parking Places) (No.1) Order 2011 (Amendment No 3) Order 2014 No.96

The Tower Hamlets (B3 Parking Places) (No.1) Order 2011 (Amendment No 5) Order 2014 No.97

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets on 8th December 2014 made the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.

2. The general effect of the Orders would be to in:

- Blackwall Way –**
 - Convert all existing Single Yellow Lines on the street to Double Yellow Lines
 - Convert part of existing Permit Bay on the north side to Shared Use Bay approx. 94m on the western direction.
 - Convert part of existing Permit Bay on the north side to Goods Loading Bay for approx. 60m on the western direction.
 - Convert part of existing Permit Bay (approx. 30m) on the north side to Double Yellow Lines for duration of 18 months from a point 70 north of Baffin Way.
 - Convert approx. 12m of existing Single/Double Yellow Line to a General use Disabled bay.
- Redman's Road –**
 - Convert the existing Single Yellow Lines on the north side between its junction with Assembly Passage and Hannibal Road to Double Yellow Lines.
 - Convert the existing Single Yellow Lines on the south side between its junction with Assembly Passage and Jamaica Street to Double Yellow Lines.
- Parnell Road –**
To remove 1 Residence parking space outside no.39
- Gillender Street –**
Insert 4 vehicles Permit and Pay & Display (cash less) parking bay.

3. The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.

4. A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the offices of the at the Parking Services Offices, 585-593 Commercial Road, London E10HJ (0207-364 6952), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.

5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: Parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 8th December 2014

**JAMIE BLAKE
SERVICE HEAD, PUBLIC REALM**

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Flat 110, Lexington Building, Fairfield Road, London, E3 2UE **PA/14/3208/BMC**

Removal of internal non-load bearing stud partition wall dividing the kitchen and the living/dining area. The wall was installed when the apartment was redeveloped in the 1980s

Bethnal Green Mission Church, 305 Cambridge Heath Road, London, E2 9LH **PA/14/3166/RLA**

Demolition of existing four storey building, comprising a church and ancillary uses. Erection of new six storey building, plus recessed top floor and basement, comprising church & community facilities and other ancillary facilities, including two residential units for church and community workers along with 16 residential units.

King Edward Memorial Park, Glamis Road, London **PA/14/3236/MCH**

Proposal to widen existing gate to allow easier access to vehicles. The development would also widen an existing brick ramp, on the park side of the development site

125 Brick Lane, London, E1 6SB **PA/14/2906/BEE**

Listed Building Consent sought for: Repointing of brickwork and associated works.

459 Roman Road, London, E3 5LX **PA/14/3102/GMA**

Construction of mews house to the rear of existing shop/residential building

459 Roman Road, London, E3 5LX **PA/14/3097/GMA**

Development to provide for one bedroom maisonette at ground and basement level

28A Campbell Road, London, E3 4DT **PA/14/3079 & 3080/SAE**

Two storey rear extension, enlargement of existing rear window and internal re-configurations.

Tower Hamlets College, 112 Poplar High Street, London, E14 0AF **PA/14/2893/BMC**

Advertisement consent is sought for illuminated advertising from static slide projector onto southern elevation of college between 16.30 - 23.00, Monday - Friday.

159 Commercial Street, London, E1 6BJ **PA/14/3129/BEE**

Creation of a fifth floor to accommodate the addition of 2 residential units to the existing building at 159 Commercial Street. The proposal includes private and communal amenity space and new provision for cycle storage.

138-140 Whitechapel Road, London, E1 1JE **PA/14/3118/SHA**

New shop front to the existing shop

138-140 Whitechapel Road, London, E1 1JE **PA/14/3119/SHA**

New advertisement signs to the existing shop

39 Brick Lane, London, E1 6PU **PA/14/3106/SHA**

2 dark grey painted softwood fascia with white painted lettering

39 Brick Lane, London, E1 6PU **PA/14/3105/SHA**

Reinstatement of historic timber shop front though removal of existing signs, fascia, shutter boxes and ATM. Repairs to shop front as required

Former St Clement's Hospital, Bow Road, Mile End, E3 4LL **PA/14/3046/JJI**

Minor alterations to the rear extension to the Bungalow Building

160 Bethnal Green Road, London, E2 6DG **PA/14/3128/AHU**

Erection of roof extension to create 1 new 1 bed flat, and relocated extract flue

95 New Road, London, E1 1HH **PA/14/2772/SHA**

Change of use of the basement to restaurant A3 use and addition of a 3rd floor to create residential space

Former St Clements Hospital, 2 Bow Road, London **PA/14/3094/JJI**

Minor alterations to part of the southern and eastern Grade II listed boundary wall

3 Court Street, London, E1 1DG

PA/14/2202/GMA

New Shop Front

Flat 16, Gwynne House, Turner Street, London, E1 2AG

PA/14/3148/AHU

Retrospective application for retention of double glazed white framed UPVC windows to rear.

Site at 14 to 16 Clegg Street 13 to 15 Cinnamon Street & 125 to 129 Wapping High Street, London

PA/14/03062/KHA

Site A (125- 129 Wapping High Street): Partial demolition of the existing structures, retention of the front facade fronting Wapping High Street. Redevelopment of the site to provide buildings ranging 2-4 storeys in height comprising a retail unit (Use class A1) fronting Wapping High Street and 27 residential units (Use class C3).

Site B (13-15 Cinnamon Street): Demolition of existing building on site. Redevelopment of site to create new building ranging from 2-5 storeys in height comprising 11 residential units.

Site C (14-16 Clegg Street): Demolition of existing building on site. Redevelopment to provide 4 town houses that would be 2-storeys in height.

Sites A, B and C would create a total of 42 residential units including 1, 2 and 3 bedroom sized units.

BT Openstyle Payphone Kiosk, opposite 630 Mile End Road, London

PA/14/3169/GGW

Advertisement consent following re-siting of telephone kiosk (as part of Transport For London Supercycle Highway Upgrade Scheme) for a single sided advertisement panel which can display static or rolling advertisement posters, internally illuminated, (1163mm (w) x 1713mm (h)), advertisement set within the telephone kiosk structure. Advertisement is of same dimensions as existing telephone kiosk advertisement that is being relocated from south side of Mile End Road to north side.

50A Fashion Street, London, E1 6PX

PA/14/03144/AHU

Alterations including installation of a new shop front and construction of a new rooftop extension to provide an additional bedroom.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

1 Tomlins Grove, London, E3 4NX

PA/14/3131&3132/CSK

Minor internal and external alterations including removal of wall and part chimney breast in lower-ground floor, removal of render on exterior walls in the front and rear wells

13 Lichfield Road, London, E3 5AT

PA/14/3056/MCH

To replace the existing single glaze timber sliding sash windows with double glaze timber sliding sash window to the front elevation

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 8th December 2014

OWEN WHALLEY

Head of Planning and Building Control



To advertise here, call...

Terri on 7364 4682

Chris on 7364 4994

Fatima on 7364 4623

Sharan on 7364 4061

Take Notice of

Public Notices

Make sure you know what's going on in your neighbourhood.

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Bethnal Green Mission Church, 305 Cambridge Heath Road, London, E2 9LH **PA/14/3166/RLA**

Demolition of existing four storey building, comprising a church and ancillary uses. Erection of new six storey building, plus recessed top floor and basement, comprising church & community facilities and other ancillary facilities, including two residential units for church and community workers along with 16 residential units.

Ashington House East, Orion House, Coventry Road, London E1 5RX **PA/14/3196/SBU**

Demolition of the existing community hall and erection of three buildings ranging from 4-5 storeys in height to provide 53 residential units (comprising of 23 x 1 bed; 8 x 2 bed; 16 x 3 bed and 6 x 4 bed) and the re-provision of the community Centre (438 sqm); 35 parking space; 75 bicycle spaces; communal, private and public open space

24-26 Bow Road, London **PA/14/3003/IOL**

Application for outline planning permission for Layout and Scale of the proposed mixed use development comprising retail at ground floor, Offices at 1st Floor Level and residential above and behind within an envelope of 5 floors.

Site at 14 to 16 Clegg Street 13 to 15 Cinnamon Street & 125 to 129 Wapping High Street, London **PA/14/03062/KHA**

Site A (125- 129 Wapping High Street): Partial demolition of the existing structures, retention of the front facade fronting Wapping High Street. Redevelopment of the site to provide buildings ranging 2-4 storeys in height comprising a retail unit (Use class A1) fronting Wapping High Street and 27 residential units (Use class C3).

Site B (13-15 Cinnamon Street): Demolition of existing building on site. edevelopment of site to create new building ranging from 2-5 storeys in height comprising 11 residential units.

Site C (14-16 Clegg Street): Demolition of existing building on site. Redevelopment to provide 4 town houses that would be 2-storeys in height.

Sites A, B and C would create a total of 42 residential units including 1, 2 and 3 bedroom sized units.

Two Sites: SITE 1 Land at 3 Millharbour and **PA/14/3195/NAS**

SITE 2 land at 6, 7 and 8 South Quay Square, South Quay Square, London, E14

The demolition and redevelopment of sites at 3 Millharbour and 6, 7, and 8 South Quay with four buildings: Building G1, a podium with two towers of 10 - 38 storeys and of 12 - 44 storeys; Building G2, a four floor podium with two towers of 34 and 38 storeys inclusive of podium; Building G3, a tower rising to 44 storeys; and Building G4, a four floor podium with a tower of 31 storeys inclusive of podium.

The development provides 1,500 new homes in a mix of units and tenures (private, social-rented and intermediate); a new primary school with nursery facilities; further education uses (total D1 floorspace 13,525 sqm with a fall back that 4,349 sqm of this floorspace could also be used in full or part as D1 or D2 leisure floorspace, if necessary); 5,820 sqm of flexible commercial floorspace (B1/D1/D2/A1/A2/A3 and/or A4); two new public parks including play facilities, a new north-south pedestrian link and landscaping including works to conjoin the plots into the existing surrounding urban fabric; 387 car parking spaces (for residential occupiers, blue badge holders and for a car club); cycle parking; management offices; service road and associated highway works; and other associated infrastructure including the diversion of the Marsh Wall sewer.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 8th December 2014

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL



Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC - POMELL WAY E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in Pomell Way (in the north-east direction only) between its junction with Old Castle Street and its junction with Commercial Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Centercomms Limited. The fire gate within the length of carriageway in Pomell Way will remain open throughout the duration of the works.

Throughout the duration of the works, the existing two way working will be suspended and a one way working imposed in the length of carriageway in Pomell Way to a point approximately 30 metres, south-west, from its junction with Commercial Street.

The alternative route for vehicular traffic will be via Pomell Way, Old Castle Street, Whitechapel High Street and Commercial Street.

The restriction on vehicular traffic will operate between Monday 15th December 2014 and Friday 19th December 2014 every night from 20:00 hours until 05:00 hours when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002:

Please refer any queries regarding the above traffic restriction to David Pryce, Network Coordinator, Transport and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 8th December 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT

LONDON E14 2BG

(a) 1984 c.27 - amended by The Road Traffic (Temporary Restrictions) Act 1991 - 1991 ch.26

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1)

TEMPORARY PROHIBITION OF TRAFFIC - CHESHIRE STREET E2

NOTICE IS HEREBY GIVEN, that Council of the London Borough of Tower Hamlets made an Order which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Cheshire Street from a point approximately 40 metres to its junction with Brick Lane.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Centercomms Limited.

The alternative route for vehicular traffic will be via Chilton Street, Bacon Street, Cygnet Street, Sclater Street (east-bound) and Brick Lane.

Throughout the duration of the works, and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in Cheshire Street between its junction with Chilton Street and its junction with Brick Lane will be temporarily suspended.

The restriction on vehicular traffic will operate from Monday 15th December 2014 to Friday 19th December 2014 and at times when traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email charlie.harrison@towerhamlets.gov.uk

Dated: 8th December 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

To reserve your space in East End Life, please call us to book by midday on the Tuesday prior to the Monday publication date.

eastendlife

Public & Legal Notices

Why you should read these.

Public and Legal notices could effect you in many ways. These notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.



Time to get in shape?

There are many ways to get fit. Our listings include everything from cricket to yoga and aerobics to taekwondo.

SEE BELOW

Sport

Leisure centres

John Orwell Sports Centre
Tench Street, Wapping, E1W.
7488 9421

Langdon Park Leisure Centre
35 Byron Street, Poplar, E14
SHOKK Youth Fitness Centre.
7987 3575

Mile End Park Leisure Centre
190 Burdett Road, E3.
8709 4420

Mile End Park Stadium
Rhodeswell Road, Poplar, E14.
8980 1885

St George's Pools
221 The Highway, Wapping E1W.
7709 9714

Tiller Leisure Centre
Tiller Road, Isle of Dogs, E14.
7987 5211

Whitechapel Sports Centre
55 Durward Street,
Whitechapel, E1.
7247 7538

York Hall Leisure Centre
5-15 Old Ford Road, E2.
8980 2243

Sport & leisure

Back to netball
Tues, 6pm. £1.10.
John Orwell Sports Centre,
Tench Street, E1W.
07914 685261

Body conditioning
Thurs, 6.15pm. Shadwell Basin
Centre, Glamis Road, E1.
07961 951522

Cricket coaching
Under-11s and under-13s –
Weds, 4-5.30pm; under-16s –
Tues, 4.30-6pm; ages 16+ –
Thurs 5-8pm.
Dockland Settlements,
197 East Ferry Road, E14.

Docklands women's running group
All abilities welcome
Mon, 6.30pm. Mile End
Stadium, Rhodeswell Road, E14.
07958 368070

Football training
Every Sat, 9-11am for boys and
girls aged 5-11, Mulberry School
for Girls, Richard Street, E1; 12-

1pm for boys and girls aged
3-5. St Patrick's School, Dundee
Street, E1W.
07956 095218

Kibondo
Martial art for ages 6 & over.
Mon, 6.30-8pm, all ages; Fri, 7-
8.30pm, seniors & adults. £4
adults, £3 children, first lesson
free. Teviot Centre, Wyves
Street, E14.
07956 428654

Kickboxing and self-defence
£5 per class. Suns, 1pm; Tues,
7pm (women only).
Whitechapel Sports Centre,
Durward Street, E1.
07983 201987

Chi Kung
Ancient Chinese exercise
practice with gentle,
meditative exercises.
Mon, 6-7.15pm.
St Margarets' House
Settlement, E2.
07905 098413

**Kool Karate and
Fitness Fun Class**
Every Tues & Thurs, 5-6pm.
St James-the-Less Hall, St
James's Avenue, E2.
07934 126510

Kung fu
Learn the Wong Shun Leung
system of ving tsun.
Weds, 8-9pm. £7, adults only
(kids classes coming soon).
St John's Church Hall, 200
Cambridge Heath Road, E2.
07930 609379

Kung fu fitness
Mons 7-9pm. Bryant Street
Methodist Centre, Stratford, E15.
07950 637345

Muay Thai for women
KO London, 186 The Arches,
Globe Road, E2. Sat 3-4.15 £7
concs, £9 waged.
7265 9693

Martial arts
Learn the Wong Shun Leung
system of ving tsun kung fu.
Weds 8-9pm. £7, adults only.
St John's Church Hall, 200
Cambridge Heath Road, E2.
07930 609379

Netball
Arbour Netball Club train at

the Parkside Leisure Centre at
Mulberry School, Commercial
Road, E1 every Monday night.
01277 811772

Rugby
Millwall Rugby Club. Men's,
women's and youth teams.
Suns, 10.30am-12pm (youth);
Mons, 7.30-9pm (adults); Weds,
7.30-9pm (men); Thurs. 6.30-
7.30pm (boys aged 7-17); Thurs,
7.30-9pm (women all ages).
www.millwallrugby.com

Rugby for children
Tag rugby (non contact) games
for ages 2 - 7. Sats, 10am-12pm
(term-time). Free trial.
Victoria Park, Grove Road, E9.
01252 794150
www.trytimekidsrugby.com

Self-defence and keep fit
Self-defence and keep fit with
freestyle Tae Kwon do. Mixed
classes of adults and children
every Tues 6.30-8pm & Sun, 1-
3pm.
Tiller Leisure Centre, Tiller
Road, E14.
8310 1469 or 07950 896926

Seniors exercise
Mons, 1.30pm, line dancing;
Tues, 10.45am, workout.
London Dockers Club,
6 Boulcott Street, E1.
7790 3785

Sun kune do
Mons, 7-8.15pm. Adults £4.50,
ages 10-16, £3.50.
Lifra Hall, 7 Halley Street, E1.

Taekwondo classes
Taster class £5 for adults, £3 for
children aged five to 14.
Adults £50-£40 per month.
Easy Studio, 60-64 Kingsland
Road, E2.
7033 4660

Table Tennis Club
Every Sat, 10am-12pm
For ages 11-19
George Green's School, 100
Manchester Road, E14.
7987 6032

Tiller Runners
Women's running group,
suitable for all abilities. £1.10
per session. Mon, 6.30pm.
Meet at Tiller Leisure Centre,
Tiller Road, E14.
7987 5211

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (ENVIRONMENTAL IMPACT ASSESSMENT) REGULATIONS 2011

NOTICE UNDER ARTICLE 8 OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT

PROPOSED DEVELOPMENT AT:

Two Sites: SITE 1 Land at 3 Millharbour and PA/14/3195/NAS
SITE 2 land at 6, 7 and 8 South Quay Square,
South Quay Square, London, E14

Notice is given that Signet Planning Ltd. on behalf of Millharbour LLP are applying to the London Borough of Tower Hamlets for:

The demolition and redevelopment of sites at 3 Millharbour and 6, 7, and 8 South Quay with four buildings: Building G1, a podium with two towers of 10 - 38 storeys and of 12 - 44 storeys; Building G2, a four floor podium with two towers of 34 and 38 storeys inclusive of podium; Building G3, a tower rising to 44 storeys; and Building G4, a four floor podium with a tower of 31 storeys inclusive of podium.

The development provides 1,500 new homes in a mix of units and tenures (private, social-rented and intermediate); a new primary school with nursery facilities; further education uses (total D1 floorspace 13,525 sqm with a fall back that 4,349 sqm of this floorspace could also be used in full or part as D1 or D2 leisure floorspace, if necessary); 5,820 sqm of flexible commercial floorspace (B1/D1/D2/A1/A2/A3 and/or A4); two new public parks including play facilities, a new north-south pedestrian link and landscaping including works to conjoin the plots into the existing surrounding urban fabric; 387 car parking spaces (for residential occupiers, blue badge holders and for a car club); cycle parking; management offices; service road and associated highway works; and other associated infrastructure including the diversion of the Marsh Wall sewer.

This MAJOR application includes the submission of an Environmental Statement under the provisions of the Town and Country Planning (Environmental Impact Assessment) Regulations 2011

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 5pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from Signet Planning Ltd. 56 Queen Anne Street, London, W1G 8LA, tel. 0207 317 3110 so long as stocks last. (Price on application)

Any person who wishes to make representations relating to this application should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated: 8th December 2014

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL



Public Legal Notices

It could affect YOU!

You should always take note of a public notice. It is a legal notice to inform the public of a change that could affect them short term or on a permanent basis. It could be anything from a change to a building to the construction of a building. It could be a notice of insolvency of a company you have dealings with or the closure of a footpath you regularly use.

TAKE NOTICE OF PUBLIC NOTICES!



Club honoured

"This is an unbelievable honour and reward for a dedicated team at all levels of this club."

SENLAB CLUB SECRETARY TONY CARROLL

Sport



Bethnal Green Sharks swimmers

Swimming Kai swims to a golden treble

BETHNAL Green Sharks swimmers had a cracking time at the Harrow Christmas Cracker Meet winning yet another impressive haul of medals.

Kai Ogden, 11, won gold medals for the 100m and 200m individual medley and the 100m freestyle races.

Melissa Eloidin and Agni Hatzakis were also in fine form, with Melissa winning gold in the 200m breaststroke and Agni's time of 2mins 46sec enough to win the 200m backstroke.

Fedra Androulidaki, 9, won a silver medal in the same discipline and a bronze in 50m butterfly.

The results followed a successful meet at the Enfield Swim Squad County Open Qualifier the previous weekend.

Boxing Mitchell hoping for a silver lining

CHRISTMAS pudding and mince pies are off the menu for east London lightweight Kevin Mitchell because he has got to watch his weight until January 31.

That's when he takes a step towards a genuine world title when he fights Mexican Daniel Estrada for the WBC Silver Lightweight title at The O2 Arena.

Mitchell returns to action for the first time since his 11th round stoppage win over Ghislain Maduma at Wembley Stadium last May and he hopes another win over 32-fight veteran Estrada will land him a crack at one of the world titles.

■ FORMER Repton amateur Frank Buglioni won the vacant WBO European super-middleweight title with a

unanimous points victory over Andrew Robinson at the ExCel centre.

Buglioni had Robinson down for the count in the seventh round, but showed signs that his defence needs tightening up as he took punches that against a bigger hitter than Robinson might have been disastrous.

Table tennis Chance to put your kids on the table

IF you fancy taking up table tennis but don't know where to start, get down to the JOOPLA Morpeth club in Morpeth Street, Bethnal Green.

They run regular Mini-Morpeth sessions on selected Saturdays and the next two are scheduled for December 13 and 20.

The pay-as-you-go sessions run from 2pm to 4pm and, at just £2 for members and £4 for non-members, are a great way to introduce children to the sport.

They are open to youngsters aged seven and older, but anyone younger who has the ability to compete with this age group will be considered.

Morpeth has modern, air conditioned facilities across two halls, which can accommodate 16 high-standard competition tables.

Triathlon Cyclists to tear through Wharf

THE annual London Triathlon bike route will take in Canary Wharf for the first time next August.

The triathlon is the world's largest, but Canary Wharf is no stranger to the sport because it hosted smaller events in 2011 and 2012 as part of the British Triathlon Super Series.



Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres go to your local centre or visit...

WWW.GLL.ORG

Youthful exuberance pays off for Wapping

BY PETER FAULKNER

WAPPING Hockey Club, with several players unavailable, fielded a youthful side away at Felixstowe.

Their defensive axis of Felix Styles and Kieran Morris, and goalkeeper Joe Trickett, had an average age of just 22.

But despite their relative youth, the three have plenty of experience and played assertively throughout.

From the off, Felixstowe attempted to press aggressively and high up the pitch, a tactic which opened up the game and played into Wapping's hands.

Within a few minutes, a slick passing move through the heart of the Felixstowe defence saw James Fanger draw the goalkeeper and slide a pass to Rory



Rory Heaslip was on the scoresheet for Wapping

Heaslip, who had the easy task of tapping into the unguarded goal.

Wapping continued to pile forward and found themselves 3-0 up inside ten minutes after two powerful drag flicks from Felix Styles from short corners.

It was at this stage, with Wapping looking rampant and in complete control, that Felixstowe re-grouped and changed tactics after a stoppage in play to allow their goalkeeper to fix his equipment.

At half time the score

remained 3-0 and the message from Wapping coach Ryan D'Souza was for his team to maintain concentration and to value possession.

Wapping dominated possession in the second half and coasted but didn't create many clear-cut opportunities, while Felixstowe defended manfully but offered little as an attacking threat.

A fourth goal eventually arrive with Styles, playing in his more accustomed centre back role rather than in forward positions as he has recently, completing his hat-trick with another drag flick to cement his Man of the Match award.

With almost the final touch of the game, Felixstowe managed a consolation goal from a counter attack. However, Wapping took the points and their fourth win in a row.

East make light of Cook departure

Hockey

Broxbourne 1st 0
East London mens 1st 5

IN their first game since James Cook emigrated, East London proved they can succeed without him.

They comfortably made it five games unbeaten, chalking up a third successive clean sheet and moving behind rivals Wapping in the promotion chase.

Sam Boddington put them ahead with a beautiful drag flick.

Within a minute Adam

Lord doubled the lead then added a third just before half time.

With ten minutes to play Boddington added a second drag flick, before goals from David Polley and Joe Green were disallowed.

Broxbourne went down to nine men and Lewis Lawrence took full advantage to heap further misery on the home side.

Old De Ferriers 1
East London Ladies 2nd 2
East travelled to Essex to take on

the once mighty ODF, but made a sluggish start to the first half.

A fine Kate Hendry goal gave them the lead, but it wasn't until the second half that the action hotted up.

A cracking goal from Catherine Weber after a great pass by player-of-the-match Anna Ormrod doubled the lead, before ODF scored during a late rally.

It was a good send-off for Laura Wilkins who played her last match for the team.

Other men's results: East London men's 2nd 3, Witham

2nd 4; East London 3rd 5, Upminster 3rd 1; East London 4th 5, Saffron Walden 4th 1; East London 6th 8, Saffron Walden 8th 2; East London 7th 2, Witham 4th 0; East London Sparrowhawks 1, Wapping 9th 1.

Women's results: East London ladies 2nd 2, Old De Ferrians 1; East London 3rd 4, Wapping 5th 2; East London 4th 2, Redbridge & Ilford 2nd 1; East London 5th 9, East London 6th 0.

East London Mixed 2nd 2, Dolly Mixtures 5.

Senrab wins prestigious team of the year award

SENLAB Football Club has been voted Local Team of the Year at the Pride of Sport Awards.

The club, formed by Jimmy Tindall in 1961, has long been a production line for famous footballing talent, with John Terry, Jermaine Defoe, Ledley King, Bobby Zamora and Sol

Campbell all progressing from its ranks to the top of the English game and full international honours.

After getting the Daily Mirror award at the Grosvenor House Hotel, Park Lane, club secretary Tony Carroll said: "This is an unbelievable honour and reward for a

dedicated team at all levels of this club and for those who previously played here and coached here.

"I am overjoyed that Senrab has been recognised in this way."

The award was presented by Senrab old boys Defoe, King and Alan Curbishley.



Winning with their bare hands

Docklands Karate Club had a hugely successful outing at the British Karate Kyoku-shinkai championships, winning three gold medals, two silver and three bronze.

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport



The Docklands fighters show off their trophies and medals

Docklands club in eight-medal haul

BY PETER FAULKNER

DOCKLANDS Karate Club took the British Karate Kyoku-shinkai championships by storm winning three gold medals, two silver and three bronze.

Most of the club's gold medallists at the tournament in Berkshire are in their thirties showing the young members how it's done.

The club's fighters, who train under Nick da Costa at Barkantine Hall,

Westferry Road, Isle of Dogs, competed against some of the top practitioners in Britain, but more than held their own.

The gold medals were won by Neli Tsoneva, 32, and Nicole Hussey, 35, in the women's team event, Danail Petrov, 31, in the men's low grade and Yasin Choudhury, 17, in the male cadet category.

Tsoneva also won a silver in the women's low grade as did Kemal in the men's high grade.

The bronze medals were won by Chris da Costa, men's high-grade, Nicole Hussey (women's low grade) and Kemal, Chris, Yashin, Grzegorz Strzelec and Danail in the men's team event.

The club have been going for more than 20 years and if you are interested in joining up they train on Mondays and Wednesdays from 7-9.30pm.

For more information call Nick da Costa on 01708 743789 or go to the website – www.docklandsdojo.co.uk

Soccer round-up Hamlets for high jump

FC HAMLETS are sitting on top of Division Three in the **Essex Olympian League** after a 2-0 win over Upminster.

They are three points clear of Epping (who they were due to meet as we went to press) with four games in hand.

But several of the players know they will soon be for the high jump... literally.

The club is planning a charity parachute jump and is waiting for a new date after their November leap was called off due to high winds.

Their match against Upminster almost started with a shock when their opponents were awarded a penalty after just two minutes.

Fortunately, Upminster failed to take advantage and the penalty was saved by Hamlets keeper Pyne.

It was a miss Upminster were to rue because six minutes later Hamlets responded and took the lead.

A sweetly played free-kick from Oakley sailed into the Upminster goal area for Glasgow to rise and score his first goal of the season.

The second-half saw the east Londoners play the better football.

In the 54th minute, some neat footwork in midfield saw Oakley release striker Gilroy who beat a defender and ran on to slip the ball past Upminster's keeper.

Stepney's 6 of the best

FC Stepney won 6-0 against Vallance in the **East London Sunday League Joshila Sports** First Division.

Lee Brown and Gary Clayton got two apiece and Franie King and Nicky Maynard were the other two scorers.

Young Prince won a thriller 4-3 against Cranes thanks to a Lineham hat-trick and one from Edmead, while two goals from Andrew McNaney and one from Lawrence With gave Athletico Bow a 3-2 win over El Valiente for whom Aaron Marston was the scorer.

Highest scorers of the day were, once again, Castrillon in Division Two.

They crushed Wimbledon Park 7-1 just a week after scoring an incredible 12 goals without reply.

Two goals apiece by Dwayne Marsdon and Charlie Wright and one each from Allen Hussein, Terrance Hannon and Carlo Thomas completed the rout. Mekki Moussa got Wimbledon's goal.

FC Romania were not far behind with their 6-1 win over Pedro, for whom Perry Thomas scored a consolation goal.

Biggest scorers in the **Premier Division** this week were Dalston who

walloped Stratford Juniors 6-1 with Lee Daniels and Kane Suarez getting two goals each and Charlie Gregory and Tony Oyetonde the scorers.

Stoke Newington drew 3-3 with Reama, while St Lucia United beat Hackney Downs A 3-2.

Beaumont cup upset

SECOND Division side Beaumont Youth pulled off the biggest shock in the **Inner London Football League Cup**, knocking out First Division favourites Reachout.

In the E3 derby, Bow were victorious over Burdett 3-1, while Leytonstone were the winners of their all Premier Division tie with SYA.

The other three Premier Division teams, London Tigers, Stepney and West End, all won their respective games against lower league opposition.

Highest scorers were West End who beat Tower Hamlets 13-1.

There were also two fixtures in the Second Division as Redcoat ended Robin Hood Tigers unbeaten run with a closely fought 1-0 victory and West End Reserves beat Al Mizan.

So the next round of the cup sees four Premier Division teams and one team from each of the other divisions up against each other to decide who will make the semi-finals.

Second Division: Redcoat 1, Robin Hood Tigers 0; West End Reserves 7, Al Mizan 2.

League Cup: Beaumont Youth 2, Reachout 1; Bow 3, Burdett 1; Leytonstone 3, SYA 2; London Tigers 2, St Katharines 0; SCTA 0, Stepney 1; Tower Hamlets 1 West End 13.

UEL go on a goal spree

THE University of East London went on an amazing goal spree in the British Universities and Colleges Sport Cup hitting 11 goals against Imperial College to book a quarter final place against either Chichester or Portsmouth.

Candy-Bryan got a hat-trick, Kasako, Neilson and Ngandu got two apiece with the other goals coming from Levi-Blackwood and Nunes.

UEL switched off in the final few seconds and Imperial scored a consolation.

Rock bottom Sporting

IT was another disappointing day at the office for Sporting Bengal who now find themselves sitting on the bottom of the Essex Senior League table.

They suffered a 3-0 defeat away to FC Romania, third placed in the table.

Veras youngsters go national

Karate

VERAS Karate Academy's junior squad members have been getting a taste of what it is like to be a part of the England national team.

Seven club members attended English Karate Federation national squad training sessions for the first time.

Luan Veras, Lulu Brown and Saynan Cinar, all aged ten, and from Poplar and Luke Kavanagh, 12, from Stepney Green, were among the first youngsters ever to attend it in their age ranges.

Other members from the club who attended were Jasmine Pomeroy, 19, Benjamin Pomeroy, 13, and Daniel Chamoun, 13.

The club said they grabbed their



Veras youngsters have sampled the international set-up

opportunity and were delighted to have taken part and have the chance to train at such a high level.

For further information about club activities visit www.verasacademy.co.uk



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For reports on football, hockey and swimming, and our sports listings...

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Exercise changed my life

"I spent many years being overweight and unhealthy. I had been obese from the age of six and I wish I'd discovered sooner how exercise can really change your life."

JOSIE GIBSON



TOWER HAMLETS

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NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Big Brother star Josie says sport is For The Girls

BY PETER FAULKNER

TWO women from Tower Hamlets and pupils from Morpeth School are putting their energies behind a new get fit campaign for women.

They joined Celebrity Big Brother winner and personal trainer Josie Gibson and Great Britain Olympic long jumper Jade Johnson to launch the national For The Girls fitness campaign at The Copper Box Arena in the Queen Elizabeth Park.

Zahra Mirza, Tiphany Roberts Franklin and the Morpeth schoolgirls took part in a high impact aerobics session led by reality TV personality Josie.

After that they received from one-to-one advice from Jade.



Zahra Mirza and Tiphany Roberts Franklin with Jade Johnson and Josie Gibson

The scheme, at Better leisure centres, aims to encourage 5,000 girls and women aged 14 to 25 to take up sport.

It will help them design exercise programmes and promote activities to their friends, as well as providing opportunities to train as coaches and fitness instructors.

The programme aims to use innovative ideas to encourage

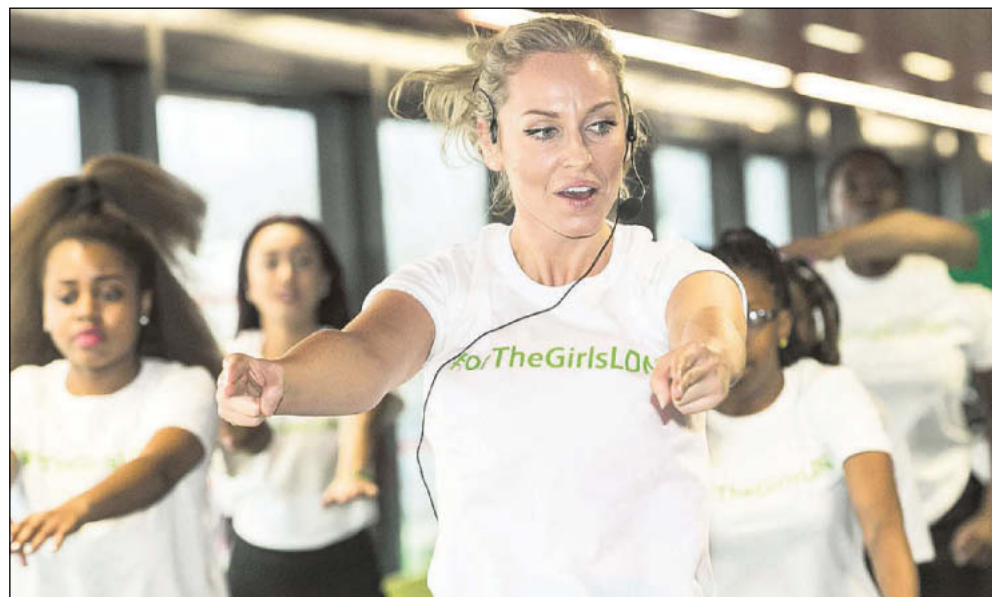
girls to exercise. Activities include swimming, boxing, netball, volleyball, basketball, football and street dance.

Commenting on the launch Josie said: "When they asked me to get involved in this campaign, I bit their arm off."

"I had been obese from the age of six and I wish I'd discovered sooner how exercise can change your life, and how great it can make you feel."

Jade added: "Taking part in sport gives you so much confidence and enables you to realise just what you can achieve."

Sessions start at £1.15. There are also swimming lessons for £2 per week in 12-week blocks. Email forthegirls@gll.org or visit your local centre more information.



Josie puts pupils through their paces



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